

Spring Summer Menu, July, 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>30. Grilled Swordfish w/ Lemon Butter, Asparagus w/ Hollandaise Sauce, Brown Rice</p> <p>SUPPER: Chicken Vegetable Rice Soup, Ham Salad on Rye, Side Salad</p>	<p>31. Lasagna, Wax Beans, Garlic Bread</p> <p>SUPPER: Broccoli Cheddar Soup, Mixed Greens & Raspberry Vinaigrette w/ Grilled Chicken, Cranberries, Pecans & Feta</p>					<p>1. Teriyaki Pork Tenderloin, Sweet Potato Tots, Asian Slaw</p> <p>SUPPER: Potato Leek Soup, Hamburger on a Bun, Onion Rings, Lettuce & Tomato</p>
<p>2. Grilled Swordfish w/ Lemon Butter, Asparagus w/ Hollandaise Sauce, Brown Rice</p> <p>SUPPER: Chicken Vegetable Rice Soup, Ham Salad on Rye, Side Salad</p>	<p>3. Lasagna, Wax Beans, Garlic Bread</p> <p>SUPPER: Broccoli Cheddar Soup, Mixed Greens & Raspberry Vinaigrette w/ Grilled Chicken, Cranberries, Pecans & Feta</p>	<p>4. Chicken a la King in a Puff pastry, Summer Squash & Zucchini</p> <p>SUPPER: Chicken & Wild Rice Soup, Roast Beef and Cheddar Sandwich, Green Bean Fries</p>	<p>5. Raviolis, Italian Bread, Brussels Sprouts</p> <p>SUPPER: Chicken Kale Quinoa Soup, Corned Beef & Swiss on Pumpernickel, Pickle</p>	<p>6. Chicken Cordon Bleu, Mashed Potatoes, Green Beans, Cranberry Sauce</p> <p>SUPPER: Minestrone Soup, Italian Sub, Potato Chips</p>	<p>7. Shrimp Scampi over Rice, Broccoli</p> <p>SUPPER: New England Clam Chowder, Tuna Melt, Tomato Basil Cous Cous Salad</p>	<p>8. COOKOUT: BBQ Chicken, Potato Salad, Coleslaw</p> <p>SUPPER: Shrimp & Roasted Corn Soup, Hot Dog on a Bun, Baked Beans, Side Salad</p>
<p>9. Roast Beef Tenderloin w/ Red Wine Demi Glaze, Baked Potato, Peas & Pearl Onions</p> <p>SUPPER: Tomato Soup, Lobster Salad Roll, Potato Chips</p>	<p>10. Spaghetti & Meatballs, Garlic Bread, Side Salad</p> <p>SUPPER: Potato Leek Soup, Chicken Cesar Salad Wrap, Pickle</p>	<p>11. Poached Salmon w/ Hollandaise Sauce, Brown Rice, Asparagus</p> <p>SUPPER: Garden Vegetable Soup, Macaroni & Cheese, Stewed Tomatoes</p>	<p>12. American Chop Suey, Wax Beans, Italian Bread</p> <p>SUPPER: Chicken & Wild Rice Soup, Sliced Chicken & Cheese Croissant, Lettuce & Tomato</p>	<p>13. Ham Steak w/ Pineapple Ring, Mashed Potatoes, Broccoli</p> <p>SUPPER: Chicken Noodle Soup, Egg Salad Sandwich, Marinated Cucumbers & Tomatoes</p>	<p>14. Baked Stuffed Sole Newburgh, Rice Pilaf, Green Beans</p> <p>SUPPER: New England Clam Chowder, Grilled Cheese & Tomato, Side Cesar Salad</p>	<p>15. Chicken Tenders, French Fries, Sweet & Sour Sauce, Summer Slaw</p> <p>SUPPER: Minestrone Soup, Take-Out Pizza, Side Salad</p>
<p>16. Swedish Meatballs over Rice, Carrots</p> <p>SUPPER: Chicken Vegetable Rice Soup, Cottage Cheese Fruit Plate, Fruit Bread</p>	<p>17. Fettuccini Alfredo with Prosciutto & Asparagus</p> <p>SUPPER: Chicken Kale Quinoa Soup, Chefs Salad w/ Deviled Egg</p>	<p>18. Chicken Francaise, Mashed Potatoes, Zucchini & Summer Squash</p> <p>SUPPER: Potato Leek Soup, Turkey Club Wrap, French Fries</p>	<p>19. Beef Stroganoff over Egg Noodles, Baby Carrots</p> <p>SUPPER: Tomato Soup, Grilled Cheese, Side Salad</p>	<p>20. COOKOUT: Hot Dog or Hamburger, Macaroni Salad, Coleslaw</p> <p>SUPPER: Broccoli Cheddar Soup, Turkey Salad Sandwich, Green Bean Fries</p>	<p>21. Potato Crusted Cod, Brown Rice, Broccoli</p> <p>SUPPER: New England Clam Chowder, Shrimp Salad Sandwich, Lettuce & Tomato</p>	<p>22. Chicken Cacciatore over Pasta, Brussels Sprouts</p> <p>SUPPER: Garden Vegetable Soup, Hot Dog on a Bun, Baked Beans, Side Salad</p>
<p>23. Baked Ham w/ Raisin Sauce, Mashed Sweet Potatoes, Peas</p> <p>SUPPER: Minestrone Soup, Caesar Salad w/ Grilled Chicken</p>	<p>24. Chicken Stir Fry over Rice</p> <p>SUPPER: Shrimp & Roasted Corn Soup, Crab Cakes, Tartar Sauce, Cole Slaw</p>	<p>25. Eggplant Parmesan, Angel Hair, Side Salad</p> <p>SUPPER: Tomato Soup, Quiche, Caprese Salad</p>	<p>26. Marinated Chicken Breast, Roasted Potatoes, Green Beans</p> <p>SUPPER: Chicken Noodle Soup, Grilled Ham & Cheese, Side Cesar Salad</p>	<p>27. Baked Ziti, Tossed Salad, Italian Bread</p> <p>SUPPER: Broccoli Cheddar Soup, Chicken Salad Sandwich, Fruit Cup</p>	<p>28. Baked Scallops, Rice Pilaf, Peas & Pearl Onions</p> <p>SUPPER: New England Clam Chowder, Seafood Salad Roll, Beet & Onion Salad</p>	<p>29. Teriyaki Pork Tenderloin, Sweet Potato Tots, Asian Slaw</p> <p>SUPPER: Potato Leek Soup, Hamburger on a Bun, Onion Rings, Lettuce & Tomato</p>

*** ALL MEALS SERVED WITH MILK, COFFEE OR TEA. ALL DESSERTS CHOICE OF FRUIT OR DESSERT OF THE DAY ***