

Fall Winter Menu- December, 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1. Chicken Parmesan, Pasta, Steamed Baby Carrots, Italian Bread <u>EVE MEAL</u> : Pasta Fagoli Soup, Veggie Burger, Sliced Tomato & Lettuce, Potato Chips	2. Portuguese Stew over White Rice <u>EVE MEAL</u> : Chicken Noodle Soup, Grilled Cheese & Tomato, Tossed Salad	3. N.E. Boiled Dinner: Corned Beef, Cabbage, Carrots, Boiled Potatoes <u>EVE MEAL</u> : Onion Soup, Ham Salad Sandwich, Italian Pasta Salad	4. Baked Scrod, Baked Potatoes, Broccoli <u>EVE MEAL</u> : Clam Chowder, Stuffed Quahogs, French Fries, Tarter Sauce	5. American Chop Suey, Italian Mixed Vegetables, Garlic Bread <u>EVE MEAL</u> : Italian Wedding Soup, Hot Dogs, Baked Beans, Brown Bread
6. Roast Tenderloin of Beef, O'Brien Potato, Peas & Pearl Onions, Mushroom Gravy <u>EVE MEAL</u> : Tomato Soup, Egg Salad Sandwich , Sliced Tomato, Potato Chips	7. Chicken Franaise, Mashed Potato, Baby Spinach <u>EVE MEAL</u> : Cream Of Mushroom Soup, Fish Sandwich, Steak Fries, Tartar Sauce	8. Stuffed Peppers, Green Beans, Garlic Bread <u>EVE MEAL</u> : Minestrone Soup, Meatball Sub, Tossed Salad	9. Beef & Vegetable Stew, Biscuits <u>EVE MEAL</u> : Onion Soup, Tuna Salad Roll, Potato Chips	10. Glazed Ham Steak, Sweet Potatoes, Cauliflower, Pineapple Sauce <u>EVE MEAL</u> : Chicken Noodle Soup, Chicken Salad Sandwich, Tossed Salad	11. Poached Salmon, Hollandaise Sauce, Boiled Red Potatoes, Peas <u>EVE MEAL</u> : Clam Chowder, Hot Pastrami On Marble Rye, Dill Pickle, Potato Chips	12. Chicken Cordon Blue, Baked Potato, Broccoli <u>EVE MEAL</u> : Italian Wedding Soup, Take Out Pizza, Tossed Salad
13. Pot Roast, Mashed Potato, Carrots & Pearl Onions <u>EVE MEAL</u> : Minestrone Soup, Cottage Cheese Fruit Plate w/ Homemade Fruit Bread	14. Roast Chicken Pieces, Roast Red Potatoes, Green Beans, Cranberry Sauce <u>EVE MEAL</u> : Pasta Fagoli Soup, Sliced Chicken Sandwich, Tossed Salad	15. Meat Lasagna, Wax Beans, Garlic Bread <u>EVE MEAL</u> : Tomato Soup, Grilled Cheese, Bread & Butter Pickles	16. Pork & Vegetable Stir Fry over White Rice <u>EVE MEAL</u> : Chicken Noodle Soup, Quiche, Tossed Salad	17. Beef Stroganoff, Egg Noodles, Steamed Baby Carrots <u>EVE MEAL</u> : Onion Soup, Creamed Chicken on Toast, Sliced Tomato & Lettuce	18. Shrimp Scampi over Angel Hair, Broccoli <u>EVE MEAL</u> : Clam Chowder, Macaroni & Cheese, Stewed Tomatoes	19. Stuffed Shells with Ricotta, Spaghetti Sauce, Peas, Garlic Bread <u>EVE MEAL</u> : Italian Wedding Soup, Hot Dog on a Bun, Baked Beans
20. Salisbury Steak, Mashed Potatoes, Gravy, Wax Beans <u>EVE MEAL</u> : Tomato Soup, Sliced Ham Sandwich, Marinated Onion, Tomato & Cucumber	21. Swordfish w/ Lemon Butter, Mediterranean Orzo, Baby Spinach <u>EVE MEAL</u> : Corn Chowder , Grilled Chicken Caesar Salad	22. Beef Pot Pie, Mashed Potato, Beets <u>EVE MEAL</u> Minestrone Soup, Seafood Salad Roll, Pickled Beets	23. Spaghetti & Meat balls, Green Beans, Garlic Bread <u>EVE MEAL</u> : Chicken Noodle Soup, Breaded Chicken Sandwich, Slice Tomato And Lettuce, Tater Tots	24. Seafood Newburgh, Brown Rice, Peas <u>EVE MEAL</u> : Beef Barley Soup, Salami & Provolone Sandwich, 3 Bean Salad	25. Roast Turkey, Butternut Squash, Mashed Potato, Stuffing, Gravy, Cranberry Sauce <u>EVE MEAL</u> : Clam Chowder, , Egg Salad Sandwich , Sliced Tomato, Potato Chips	26. Beef & Vegetable Stew, Biscuit <u>EVE MEAL</u> Italian Wedding Soup, Grilled Ham & Cheese, Carrot Raisin Salad
27. Roast Pork, Baked Potato, Asparagus <u>EVE MEAL</u> : Tomato Soup, Lobster Roll, Coleslaw	28. Meatloaf w/ Mushroom Gravy, Mashed Potato, Broccoli <u>EVE MEAL</u> : Cream Of Mushroom Soup, Turkey Salad Sandwich, Marinated Tomato & Purple Onions	29. Chicken Parmesan, Pasta, Steamed Baby Carrots, Italian Bread <u>EVE MEAL</u> : Pasta Fagoli Soup, Veggie Burger, Sliced Tomato & Lettuce, Potato Chips	30. Portuguese Stew over White Rice <u>EVE MEAL</u> : Chicken Noodle Soup, Grilled Cheese & Tomato, Tossed Salad	31. N.E. Boiled Dinner: Corned Beef, Cabbage, Carrots, Boiled Potatoes <u>EVE MEAL</u> : Onion Soup, Ham Salad Sandwich, Italian Pasta Salad		

*** ALL MEALS SERVED WITH MILK, COFFEE OR TEA. ALL DESSERTS CHOICE OF FRUIT OR DESSERT OF THE DAY ***