

## Spring Summer Menu, October, 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1. Chicken Piccata, Mashed Potatoes, Rainbow Carrots  SUPPER: Potato Leek Soup, Lobster Salad Roll, Pickled Beets	2. Teriyaki Salmon, Wild Rice Pilaf, Asparagus  SUPPER: Tomato Soup, Grilled Cheese, Side Salad	3. Chicken Parmesan, Spaghetti, Wax Beans  SUPPER: Onion Soup, Sliced Chicken & Cheese Croissant, Lettuce & Tomato	4. Swedish Meatballs over Rice, Carrots  SUPPER: Minestrone Soup, Egg Salad Sandwich, Sweet Gherkins, Potato Chips	5. Potato Crusted Cod, Roasted Potato, Broccoli  SUPPER: New England Clam Chowder, Shrimp Salad Sandwich, Lettuce & Tomato	6. Chicken Stir Fry over Rice  SUPPER: Garden Vegetable Soup, Hot Dog on a Bun, Baked Beans
7. Bow Ties w/ Sausage Cream Sauce, Green Beans  SUPPER: Chicken Vegetable Rice Soup, Cottage Cheese Fruit Plate, Fruit Bread	8. Grilled Swordfish w/ Lemon Butter, Asparagus, Baked Potato  SUPPER: Potato Leek Soup Tuna Salad Pocket, Edamame, Corn & Sun Dried Tomato Salad	9. Chicken Scampi, Angel Hair, Zucchini & Summer Squash  SUPPER: Tomato Soup, Turkey Club, French Fries, Dill Pickle Spear	10. Beef Stroganoff over Egg Noodles, Baby Carrots  SUPPER: Broccoli Cheddar Soup, Turkey Salad Sandwich, Fruit Cup	11. COOKOUT: BBQ Chicken, Macaroni Salad, Coleslaw  SUPPER: Chicken Vegetable Rice Soup, Ham Salad on Rye, Side Salad	12. Baked Stuffed Sole Newburgh, Baked Potato, Fresh Green Beans  SUPPER: New England Clam Chowder, Grilled Cheese & Tomato, Side Cesar Salad	13. Chicken Cacciatore over Pasta, Brussels Sprouts  SUPPER: Greek Lemon Chicken Soup, Hot Dog on a Bun, Baked Beans, Side Salad
14. Chicken a la King in a Puff Pastry, Summer Squash & Zucchini SUPPER: Minestrone Soup, Thanksgiving Sub, Edamame, Corn & Sun Dried Tomato Salad	15. Chicken Tenders, French Fries, Sweet & Sour Sauce, Asparagus  SUPPER: Onion Soup, Crab Cakes, Tartar Sauce, Cole Slaw	16. Raviolis, Garlic Bread, Side Salad  SUPPER: Tomato Soup, Quiche, Caprese Salad	17. Marinated Chicken Breast, Roasted Potatoes, Broccoli  SUPPER: Chicken Noodle Soup, Corned Beef & Swiss on Pumpernickel, Pasta Salad	18. Pulled Pork, Macaroni & Cheese, Cornbread, Coleslaw  SUPPER: Crab & Vegetable Soup, Baked Fish Sandwich w/ Tartar Sauce, Tomato & Lettuce	19. Baked Scallops, Wild Rice Pilaf, Peas & Pearl Onions  SUPPER: New England Clam Chowder, Seafood Salad Roll, Beet & Onion Salad, Dill Pickle	20. Teriyaki Pork Tenderloin, Sweet Potato Tots, Asian Slaw  SUPPER: Chicken Vegetable Rice Soup, Hamburger on a Bun, Onion Rings, Lettuce & Tomato
21. Fettuccini Alfredo with Grilled Chicken, Asparagus  SUPPER: Crab & Vegetable Soup, Chicken Salad, Pasta Salad	22. Spaghetti & Meatballs, Garlic Bread, Tossed Salad  SUPPER: Potato Leek Soup, Grilled Ham & Cheese, Side Caesar Salad	23. Chicken Cordon Bleu, Mashed Potatoes, Green Beans, Cranberry Sauce SUPPER: Broccoli Cheddar Soup, Roast Beef and Cheddar Sandwich, Summer Slaw	24. American Chop Suey, Wax Beans, Italian Bread  SUPPER: Greek Lemon Chicken Soup, Cottage Cheese Fruit Plate, Fruit Bread	25. Baked Ham w/ Raisin Sauce, Sweet Potato Praline, Peas  SUPPER: Chicken Noodle Soup, Italian Sub, Potato Chips, Bread & Butter Pickles	26. Shrimp Scampi over Rice, Broccoli  SUPPER: New England Clam Chowder, Tuna Melt, Pasta Salad	27. COOKOUT: Hot Dog or Hamburger, Potato Salad, Coleslaw  SUPPER: Minestrone Soup, Take-Out Pizza, Side Salad
28. Roast Beef Tenderloin w/ Gravy, Baked Potato, Peas & Pearl Onions  SUPPER: Garden Vegetable Soup, Macaroni & Cheese, Stewed Tomatoes	29. Chicken Piccata, Mashed Potatoes, Rainbow Carrots  SUPPER: Potato Leek Soup, Lobster Salad Roll, Pickled Beets	30. Teriyaki Salmon, Wild Rice Pilaf, Asparagus  SUPPER: Tomato Soup, Grilled Cheese, Side Salad	31. Chicken Parmesan, Spaghetti, Wax Beans  SUPPER: Onion Soup, Sliced Chicken & Cheese Croissant, Lettuce & Tomato			

\*\*\* ALL MEALS SERVED WITH MILK, COFFEE OR TEA. ALL DESSERTS CHOICE OF FRUIT OR DESSERT OF THE DAY \*\*\*