


~FEBRUARY 2019~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Key code: LR = Living room CR = Craft room DR = Dining room	Hairdresser every Saturday & Sunday 9:00am	Birth stone- Amethyst Flower – Violet Season- Winter			1  9:00 Exercise, LR 10:00 Bingo, DR 11:15 One to one visits 1:30 Rosary, LR 3:00 Word games, LR 4:00 Do drop In, LR 4:00 Entertainer, LR	2 1:30 Exercise, LR 2:30 In2L, LR 3:30 Bingo, DR
3 1:30 Exercise, LR 2:30 Balloon volleyball, LR 3:30 Trivia, LR 4:00 Hangman, LR	4 9:00 Exercise, LR 10:00 Crafts with Susan, CR 11:15 One to one visits 1:30 Manicures & Movie, LR 3:00 Word games, LR 4:00 Hangman, LR	5 9:00 Exercise, LR 10:00 Book club, LR 11:00 Geri fit exercise, LR 2:00 Sing-along w/Sue, LR 3:00 Word games, LR 4:00 Mandala, LR	6 9:00 Exercise, LR 9:45 Target/ Stop & Shop 10:00 Qi gong, LR 11:00 Namaste 1:00 Reiki/Meditation, LR 2:00 Knitting group, LR 3:00 Word game, LR 4:00 Hangman, LR	7 Pajama day 9:00 Exercise, LR 10:00 Protestant Church Service, LR 11:00 Geri fit exercise, LR 1:30 Mystery ride 3:00 Coffee social, LR 4:00 Word games, LR	8 9:00 Exercise, LR 10:00 Bingo, DR 11:15 One to one visits 1:30 Rosary, LR 3:00 Word game, LR 4:00 Do drop In, LR	9 1:30 Exercise, LR 2:30 In2L, LR 3:30 Bingo, DR
10 1:30 Exercise, LR 2:30 Bowling, LR 3:30 Trivia, LR 4:00 Word games, LR	11 9:00 Exercise, LR 10:00 Crafts with Susan, CR 11:15 One to one visits 1:30 Manicures & Movie, LR 3:30 Word game, LR 4:00 Hangman, LR 7:00 Caregivers support group, LR	12 9:00 Exercise, LR 10:00 Book club, LR 11:00 Geri fit exercise, LR 2:00 Piano player Jim, LR 3:00 Word games, LR 4:00 Mandala, CR	13 9:00 Exercise, LR 9:45 Target/ Stop & Shop 10:00 Balloon volleyball, LR 11:15 Pizza party senior center (see Fran) 2:00 Knitting group, LR 3:00 Word games, LR 4:00 Hangman, LR	14 9:00 Exercise, LR 10:00 Crafts with Susan, CR 11:00 Geri fit exercise, LR 1:30 Mystery Ride 3:00 Coffee social, LR 4:00 Word game, LR	15 9:00 Exercise, LR 10:00 Bingo, DR 11:15 One to one visits 1:30 Rosary, LR 3:00 Word game, LR 4:00 Do drop In, LR 4:00 Entertainer, LR	16 1:30 Exercise, LR 2:30 In2L, LR 3:30 Bingo, DR
17 1:30 Exercise, LR 2:30 Balloon volleyball, LR 3:30 Trivia, LR 4:00 Word games, LR	18 9:00 Exercise, LR 10:30 Catholic Mass, LR 11:15 One to one visits 1:30 Manicures & Movie, LR 3:30 Word games, LR 4:00 Hangman, LR	19 9:00 Exercise, LR 10:00 Book club, LR 11:00 Geri fit exercise, LR 11:15 LEO (see Fran) 2:00 Piano player Jim, LR 3:00 Word games, LR 4:00 Mandala, CR	20 9:00 Exercise, LR 9:45 Target/ Stop & Shop 10:00 Qi gong, LR 11:00 Namaste 2:00 Knitting group, LR 3:00 Word games, LR 4:00 Hangman, LR	21 9:00 Exercise, LR 10:00 Resident council, LR 11:00 Geri fit exercise, LR 1:30 Mystery ride 3:00 Coffee social, LR 4:00 Word game, LR	22 9:00 Exercise, LR 10:00 Bingo, DR 11:15 One to one visits 1:30 Rosary, LR 3:00 Word game, LR 4:00 Do drop in, LR	23 1:30 Exercise, LR 2:30 In2L, LR 3:30 Bingo, DR
24 1:30 Exercise, LR 2:30 Balloon volleyball, LR 3:30 Manicures, LR 4:00 hangman, LR	25 9:00 Exercise, LR 10:00 Crafts with Susan, CR 11:15 One to one visits 1:30 Manicures & Movie, LR 3:30 Word game, LR 4:00 Hangman, LR	26 9:00 Exercise, LR 10:00 Book club, LR 11:00 Geri fit exercise, LR 2:00 Sing along with Sue, LR 3:00 Word games, LR 4:00 Mandala, CR	27 9:00 Exercise, LR 9:45 Target/ Stop & Shop 10:00 Qi gong, LR 11:00 Hollis, LR 1:00 Knitting group, LR 2:00 Drum circle, LR 3:00 Word games, LR 4:00 Hangman, LR	28 9:00 Exercise, LR 10:00 Crafts with Susan, CR 11:00 Geri fit exercise, LR 1:30 Mystery ride 3:00 Coffee social, LR 4:00 Word game, LR		



