

Fall Winter Menu-October-2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1. Chicken Pie, Mashed Carrots & Turnips, Cranberry Sauce <u>EVE MEAL</u> : Chicken Dumpling Soup, Grilled Cheese & Tomato, Side Cesar Salad	2. Shrimp Scampi over Rice, Asparagus <u>EVE MEAL</u> : Tomato Soup, Sliced Turkey & Cheese Croissant, Cucumber Salad	3. Roasted Chicken Pieces, Baked Potatoes, Broccoli <u>EVE MEAL</u> : Minestrone Soup, Take Out Pizza, Tossed Salad
4. Meatloaf w/ Gravy, Mashed Potatoes, Brussels Sprouts <u>EVE MEAL</u> : Italian Wedding Soup, Salami & Provolone Sandwich, Green Bean Casserole	5. Baked Salmon w/ Lemon Cream Sauce, Baby Carrots, Jasmine Rice <u>EVE MEAL</u> : Split Pea Soup, Egg Salad Sandwich, Potato Chips, Pickle	6. Marinated Chicken Breast, Roasted Sweet Potatoes, Baby Spinach <u>EVE MEAL</u> : Beef Barley Soup, Hamburger on a Bun, Sliced Tomato & Lettuce, Carrot Raisin Salad	7. Roast Turkey w/ Gravy, Butternut Squash, Mashed Potato, Stuffing, Cranberry Sauce <u>EVE MEAL</u> : Broccoli Cheddar Soup, Shrimp Salad Croissant, Pickled Beets	8. American Chop Suey, Wax Beans, Italian Bread <u>EVE MEAL</u> : Corn Chowder, Chicken Salad w/ Grapes, Cucumber Salad	9. Swordfish w/ Lemon Butter, Baked Potato, Sautéed Baby Spinach <u>EVE MEAL</u> : Vegetable Soup, Macaroni & Cheese, Stewed Tomatoes	10. Baked Stuffed Cabbage, Wax Beans, Garlic Bread <u>EVE MEAL</u> : Chicken Dumpling Soup, Grilled Ham & Cheese, Tossed Salad
11. Pot Roast, Mashed Potato, Carrots & Pearl Onions <u>EVE MEAL</u> : Tomato Bisque, Seafood Salad Roll, Coleslaw	12. Chicken & Vegetable Stir Fry over Rice <u>EVE MEAL</u> : Chicken Noodle Soup, Sliced Chicken Sandwich, Tomato Basil Mozzarella Salad	13. Beef & Vegetable Stew, Biscuit <u>EVE MEAL</u> : Corn Chowder, Greek Salad w/ Grilled Chicken	14. Stuffed Peppers, Italian Bread, Wax Beans <u>EVE MEAL</u> : Cream of Mushroom Soup, Cottage Cheese Fruit Plate, Orange Poppy Seed Bread	15. Marinated Turkey Tips, Mashed Potatoes, Broccoli, Cranberry Sauce <u>EVE MEAL</u> : Beef Barley Soup, Quiche, Side Salad	16. Lobster Newburgh, Brown Rice, Asparagus <u>EVE MEAL</u> : Tomato Soup, Grilled Cheese & Tomato	17. Roast Pork Tenderloin, Sauerkraut, Pierogis <u>EVE MEAL</u> : Italian Wedding Soup, Hamburger on a Bun, Sliced Lettuce & Tomato, 3 Bean Salad
18. Roast Turkey w/ Gravy, Butternut Squash, Mashed Potato, Stuffing, Cranberry Sauce <u>EVE MEAL</u> : Vegetable Soup, Hot Pastrami & Cheese on a Bun, Pickle	19. Baked Ham, Raisin Sauce, Mashed Sweet Potatoes, Broccoli <u>EVE MEAL</u> : Chicken & Dumpling Soup, Grilled Chicken Caesar Salad	20. Baked Dijon Salmon, Zucchini, Baked Potato <u>EVE MEAL</u> : Minestrone Soup, Meatball Sub, Tossed Salad	21. Chicken Cordon Bleu, Mashed Potatoes, Green Beans, Cranberry Sauce <u>EVE MEAL</u> : Split Pea Soup, Chicken Salad Sandwich, Pickled Beets	22. Pasta & Meatballs, Wax Beans, Italian Bread <u>EVE MEAL</u> : Vegetable Soup, Lobster Mac & Cheese, Stewed Tomatoes	23. Mahi Mahi w/ Mango Salsa, Jasmine Rice, Asparagus <u>EVE MEAL</u> : New England Clam Chowder, Tuna Melt, Coleslaw	24. Baked Stuffed Shells, Brussels Sprouts <u>EVE MEAL</u> : Chicken Noodle Soup, Thanksgiving Sub
25. Roast Tenderloin of Beef w/ Red Wine Demi Glaze, Mashed Potato, Peas & Pearl Onions <u>EVE MEAL</u> : Vegetable Soup, Reuben Sandwich, Pickle	26. Boneless Fried Chicken w/ Gravy, Baked Potato, Broccoli <u>EVE MEAL</u> : Broccoli Cheddar Soup, Grilled Ham & Cheese, 3 Bean Salad	27. Lamb & Vegetable Stew, Biscuits <u>EVE MEAL</u> : Tomato Bisque, Italian Sub, Potato Chips, Pickle	28. Boneless Chicken Thighs, Cheesy Mashed Potatoes, Broccoli <u>EVE MEAL</u> : Italian Wedding Soup, Ham Salad Sandwich, Fruit Cup	29. Eggplant Parmesan, Penne, Green Beans <u>EVE MEAL</u> : Minestrone Soup, Hamburger on a Bun, Sliced Tomato & Lettuce, Onion Rings	30. Pan Seared Halibut, Roast Potato, Buttered Beets <u>EVE MEAL</u> : New England Clam Chowder, Tuna Salad Roll, Carrot Raisin Salad	31. Beef & Mushroom Burgundy over Egg Noodles, Wax Beans <u>EVE MEAL</u> : Vegetable Soup, Hot Dog on a Bun, Baked Beans

*** ALL MEALS SERVED WITH MILK, COFFEE OR TEA. ALL DESSERTS CHOICE OF FRUIT OR DESSERT OF THE DAY ***