

## Spring Summer Menu-September-2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1. Potato Crusted Cod, Roasted Potato, Asparagus  SUPPER: Broccoli Cheddar Soup, Seafood Salad Roll, 3 Bean Salad	2. Meatloaf, Mushroom Gravy, Mashed Potatoes, Baby Carrots  SUPPER: Chicken & Wild Rice Soup, Honey Mesquite Chicken & Cheddar Sandwich, Carrot Raisin Salad	3. Baked Halibut w/ Lemon Butter, Rice, Diced Beets  SUPPER: New England Clam Chowder, Tuna Melt, Greek Feta Pasta Salad	4. COOKOUT: Hot Dog or Hamburger, Potato Salad, Coleslaw  SUPPER: Minestrone Soup, Take-Out Pizza, Side Salad
5. Turkey, Gravy, Stuffing, Mashed Potatoes, Butternut Squash  SUPPER: Onion Soup, Chicken Salad, Beet & Onion Salad	6. Manicotti, French Cut Green Beans, Italian Bread  SUPPER White Bean & Escarole Soup, Roast Beef and Cheddar Sandwich, Tomato Salad	7. Chicken a la King in a Puff Pastry, Zucchini  SUPPER: Tomato Basil Bisque, Grilled Cheese, Cucumber Salad	8. Creamy Spinach Mushroom Tortellini. Asparagus  SUPPER: Vegetable Lentil Soup, Sliced Chicken & Cheese Croissant, Lettuce & Tomato	9. Caprese Chicken, Garlic Bread, Broccoli  SUPPER: Minestrone Soup, Egg Salad Sandwich, Sweet Gherkins, Potato Chips	10. Shrimp Scampi over Angel Hair, Baby Spinach  SUPPER: New England Clam Chowder, Grilled Cheese & Tomato	11. Rigatoni Bolognese, Green Beans, Italian Bread  SUPPER: Garden Vegetable Soup, Hot Dog on a Bun, Baked Beans, Pickle
12. Chicken Marsala, Mashed Potatoes, Baby Carrots  SUPPER: Chicken Vegetable Rice Soup, Cottage Cheese Fruit Plate, Fruit Bread	13. Beef Stroganoff over Egg Noodles, Cauliflower  SUPPER: Onion Soup, Crab Cakes, Tartar Sauce, Cole Slaw	14. Baked Haddock, Baked Potato, Zucchini  SUPPER: Chicken Noodle Soup, Turkey Club, French Fries, Dill Pickle Spear	15. Chicken Parmesan, Linguini, Peas & Pearl Onions  SUPPER: Tomato Basil Bisque, Lobster Salad Roll, 3 Bean Salad	16. COOKOUT: BBQ Chicken, Macaroni Salad, Coleslaw  SUPPER: Chicken & Wild Rice Soup, Garden Salad w/ Shrimp Cocktail	17. Baked Stuffed Sole Newburgh, Baked Potato, Broccoli  SUPPER: New England Clam Chowder, Seafood Salad Roll, Pickled Beets	18. Teriyaki Pork Tenderloin, Sweet Potato Tots, Asian Green Beans  SUPPER: Onion Soup, Ham Salad on Rye, Fruit Cup
19. Roast Beef Tenderloin w/ Red Wine Demi Glaze, Baked Potato, Peas & Pearl Onions  SUPPER: Minestrone Soup, Hot Dog on a Bun, Baked Beans, Pickle	20. Teriyaki Salmon, Roasted Potatoes, Beets  SUPPER: White Bean & Escarole Soup, Grilled Chicken over Garden Salad	21. Cranberry Meatballs over Rice, Baby Spinach  SUPPER: Tomato Soup, Tuna Salad Pocket, Coleslaw	22. Lasagna, Side Salad, Italian Bread  SUPPER: Chicken Noodle Soup, Egg Salad Sandwich, Potato Chips, Pickle Spears	23. Chicken Pot Pie, Zucchini  SUPPER: Butternut Squash & Apple Soup, Chicken Salad w/ Grapes, Cucumber Salad	24. Grilled Swordfish w/ Lemon Butter, Asparagus, Rice Pilaf  SUPPER: Tomato Basil Bisque, BLT, Carrot Raisin Salad	25. Chicken Piccata, Mashed Potatoes, Broccoli  SUPPER: Chicken Vegetable Rice Soup, Hamburger on a Bun, Onion Rings, Lettuce & Tomato
26. Baked Ham w/ Raisin Sauce, Mashed Sweet Potatoes, Cauliflower  SUPPER: Minestrone Soup, Thanksgiving Sub, Pickle	27. American Chop Suey, Wax Beans, Italian Bread  SUPPER: Tomato Soup, Quiche, Caprese Salad	28. Creamy Shrimp Fettuccine, Green Beans  SUPPER: Garden Vegetable Soup, Baked Fish Sandwich w/ Tartar Sauce, Tomato & Lettuce	29. Marinated Chicken Breast, Cilantro Lime Rice, Zucchini  SUPPER: Butternut Squash & Apple Soup, Cottage Cheese Fruit Plate, Fruit Bread	30. Swedish Meatballs over Rice, Broccoli  SUPPER: Broccoli Cheddar Soup, Macaroni & Cheese, Stewed Tomatoes	31. Baked Scallops, Baked Potato, Butternut Squash  SUPPER: New England Clam Chowder, Shrimp Salad Sandwich, Pickled Beets	

\*\*\* ALL MEALS SERVED WITH MILK, COFFEE OR TEA. ALL DESSERTS CHOICE OF FRUIT OR DESSERT OF THE DAY \*\*\*