

Home Times Monthly

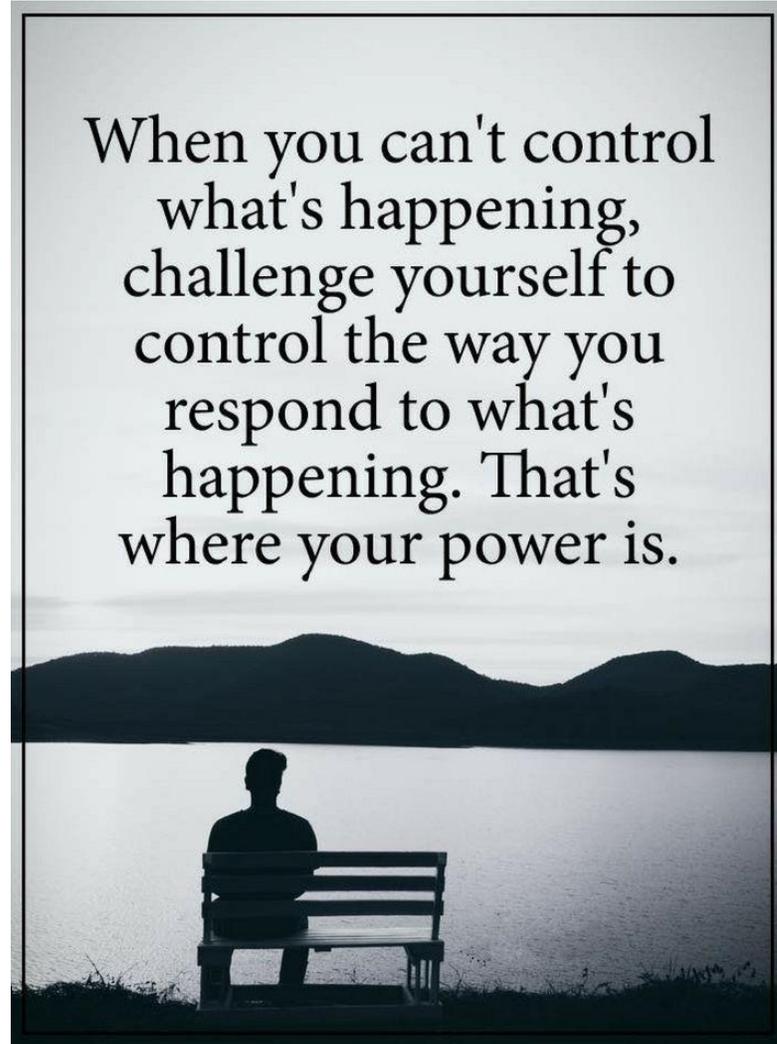
*A newsletter for Pond Home residents with
all the news that's fit to print*

September 2021 volume 163

To My Dear Residents,

I bet most of you, like me, are feeling like the world around us is spinning out of control right now. Whenever this happens, those of us who like to have control, and let's be honest *all* of us like to have control at least *some of the time*, try to latch on to anything or anyone we can control. I encourage you all to pause, take a deep breath, and remember we do not have control over many things right now. All we can do is control our reaction to things. That is our power, that is our control.

So, we can control how we respond to the pandemic that is happening around us. We can choose to be as safe as possible by wearing our mask properly and consistently. We can limit our exposures by evaluating the risk vs. benefit of any outing or activity we are planning.



We can encourage our friends and family to do the same, but we cannot control their response.

The staff at Pond Home is doing everything we can to make the environment you live in as safe (control) as possible. We check on vaccination status of everyone who comes into the building, only schedule entertainers who have been vaccinated, and offer rapid Covid-19 testing to all affiliated with Pond Home. In addition, each of us does our best to consistently wear our masks and eye protection.

Writing this at the end of August I can say our collective efforts have been effective to date. We have no known Covid-19 cases in Pond Home. We have had none since early May, so coming up on 4 months during a time when cases are on the rise all over the state.

Last week I got a call from Mass. Dept. of Public Health about a special team they have put together. They asked if we would like an extra infection control review and observation as part of the on-going efforts to avoid outbreaks of Covid-19 at long term care facilities. We jumped at the chance to get these additional sets of eyes reviewing what we do and make certain we are following the best practices as the virus takes on new characteristics. On September 9th, you may notice a nurse and epidemiologist here meeting with various employees and observing a day in the life, here at Pond Home. We welcome the opportunity to keep improving our efforts. I will be certain to share updates on any recommendations we receive.

Thanks for reading,

Becky Annis, Administrator

Lee's (last) corner:

Goodbye and thanks for the memories!

Welcome Debbie Rhines! I'm sure she will be a great asset to you and the Pond Home community.

NATIONAL DAY FOR SEPTEMBER

3rd Bowling Day

4th Wildlife Day

9th Teddy Bear Day

12th Grandparents Day

15th Linguine Day

17th National House Cleaners Day

19th Butterscotch Pudding Day

21st Gratitude Day

23rd Pot Pie Day

25th Hunting and Fishing Day

26th Pancake Day

28th Good Neighbor Day

29th Hot Mulled Cider Day



Staff Spotlight

Donna Morin

Wow, how fast time has passed! It's hard to believe that in a few short weeks, I will be here for 5 years. May I say what an absolute pleasure it has been! I consider myself to be quite lucky coming to work here each day and getting to know each of you. In my role as the Office Manager, I keep myself quite busy with a lot of the behind-the-scenes work, but my absolute favorite part of each day is when I get to interact with each of you. I enjoy so

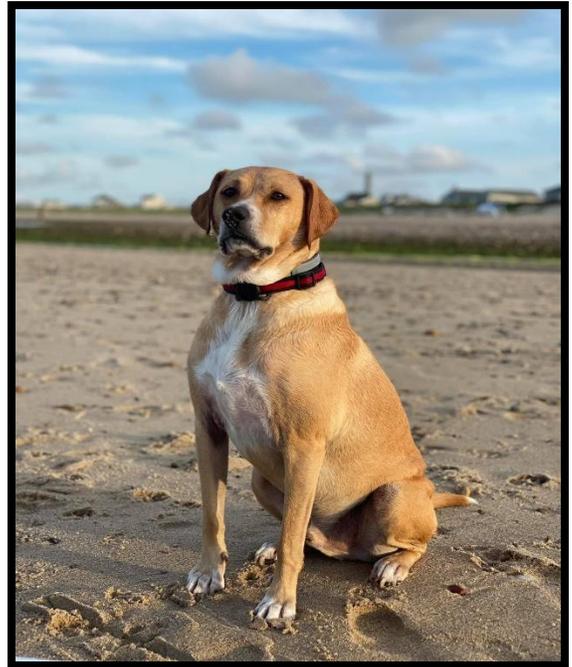
much hearing your life lessons and advice and getting to know each of you. As many of you may know, I have been married to my college sweetheart Dave for almost 30 years now, and we are the obnoxiously proud parents of 3 sons. Matthew, our oldest, is serving with the Special Forces in the Army, and we are so very grateful every time I am asked how he is doing and that you remember him in the weekly Rosary. Michael recently graduated from Emmanuel and is working for a startup company in Boston. Our youngest, Cameron, is attending the SUNY Plattsburgh in upstate New York, where he is majoring in Business Finance and playing Lacrosse. We are keeping our fingers crossed that he will be able to have a relatively normal school year, and we will actually be able to go cheer him on at some games. And lest I forget, the last member of our family, whom the Morin Men claim is my absolute favorite – Cooper! A rescue dog who joined our family 3 years ago. He is a very active lovable pup who LOVES to go on long hikes and fetch tennis balls at the beach.

When I am away from Pond Home, I love to spend as much time outside as humanly possible! I love to kayak, hike, golf, and paint out on my deck – you can see some of my original pieces hanging next to my desk. My absolute happy place though is whenever my feet are in the sand and looking out onto the ocean. My husband and I love to take our dog to the beach at dinner time when most of the beachgoers have gone home for the day. We enjoy having a campfire on the beach, playing some cribbage and listening to the waves crash.



Donna with Matthew, Michael, David and Cameron

Cooper



Matthew, Cameron, Michael and David



MY ART

Our beloved housecat, Patches, had a recent vet visit. He is a very



healthy 9-year-old cat, except for some crystal formation they found in his urine. For this reason, he has been put on a new prescription diet. You know how we are here at Pond Home when it comes to following the doctor prescribed diet for each person to optimize health. We are the same

with our kitty. If you usually give treats to the cat, PLEASE exchange what you give him for a baggie of his new dry food. See Fran for this please. This food should dissolve the crystals. He will have a follow up appointment in October to see how well we have done.

We are coming up on 3 months Covid free and would like to remain that way. Below are your friendly reminders.

Mask Reminder: always wear one when not in your room

Protocol:

1. Wear mask properly, over nose and mouth down to chin

2. Change mask daily, cloths should be put in laundry.
3. Disposable masks should be thrown away daily.



“What are you grateful for”

“Sunshine”

“Masks”

“This new job”

“Another day of life”

“A smile from the residents”

“For teamwork”

“For my co-workers who come to work”

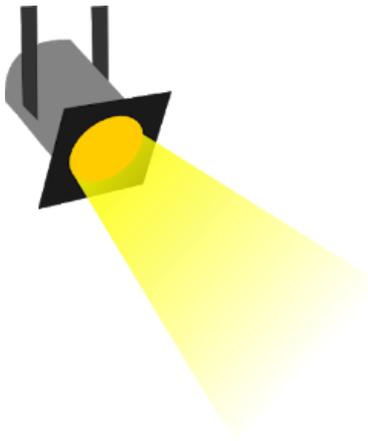
**“For getting the opportunity to be part of the
Leading Age conference where I learned
so many new things”**

“For living in America”

“That my children are healthy”

“That I work with amazing staff”

Thank you to the residents and staff who submitted
“What they are grateful for”!



Activity Highlights for September

Weekly shopping Stop & Shop and Target

Wednesday's at 10:00

Mystery rides Thursdays leaving at 1:30

Exercise daily at 9:15

Movies and manicures Mondays at 1:15, LR

09/06 “The Patriot”

09/13 “Autumn Hearts”

09/20 “Legally Blonde”

09/27 “Citizen Kane”

7th Farm visits, LR – 2:30

9th Memorial service, CY – 4:00
10th Doug Robinson piano player, LR 4:00
13th Doll exhibit, LR 11:00
22nd Ice cream truck, CY - 3:00



September Birthdays

Pat Bader	9 th	
Dorothy Harrison		12 th
Adrienne Ciapciak		24 th

Fall Word Search



ACORN
APPLE
AUTUMN
CHESTNUTS
CHILLY
CIDER
COBWEB
FALL
FOOTBALL
GOURD

HALLOWEEN
HARVEST
HAY BALE
HAYRIDE
LEAVES
MAIZE
NOVEMBER
NUTS
OCTOBER
PUMPKIN

QUILT
RAKE
SCARECROW
SEPTEMBER
SLEET
THANKSGIVING

