

Home Times Monthly

*A newsletter for Pond Home residents with
all the news that's fit to print*

November 2021 volume 166

To My Dear Residents,

What are you thankful for?

Just like brushing your teeth, you are wise to spend time reflecting on that very question each day. Some days it might be life itself or something as simple as a cheerful hello from another person who lives or works here at Pond Home. Living in New England in the fall is something I am thankful about each year. Big or small, we all have so much to be thankful for in our life. I know we all have days when things don't seem to go our way. If you consistently practice being thankful



for the gifts in your life, you will build up a healthy attitude that will see you through those challenging times. This benefits you and everyone in your life.

So, when you brush your teeth with that clean running water that not everyone has, spend time thinking about all the things in your life that you are thankful for, those that bring you joy.

Thanks for reading,



Becky Annis, Administrator



Resident Spotlight

This month's highlighted resident is **Elsie Maione**. She was born to the Roland family on March 28, 1923, in Gloucester, MA; the youngest of seven siblings. She graduated from Gloucester High School in June of 1941. By September of 1941, all of her eligible male classmates were in the service. Elsie remembers crying when her short stature restricted her from serving in the WAVES or WACS. Her first job out of high school was as Clerical Staff at Cape Ann National Bank. Her first car was a 1939 Chevrolet. She had to nurture that

car and kept it through World War II because all the automobile manufacturers stopped producing cars and converted to production needed for the war effort. Speaking of World War II, like so many in her generation, Elsie answered the call when her country asked for help. Many of the men in her community and the boys she went to high school with went to train and fight on the front line. The women were needed to fill the positions they left behind. Elsie and a group of girlfriends answered the call and drove down to Washington, DC. During World War II, she was employed by the U.S. government at the Army Medical Library. Prior to heading down to DC, she met a Navy medic named Joseph Maione at a dance set up for recent high school graduates. It was a mixer of many towns' high school classes. Joe was a graduate of the class of 1941 from Providence, RI. She says that dance was when they fell in love. Soon after, he shipped south for training with the Navy, and she took the Civil Service Test so she could serve as well. Joe and Elsie married in September of 1944. They had been married 37 years upon his death. Elsie said she and her friends realized part of their experience in DC was to help bring some joy and laughter during war time. Each Saturday, they attended dances held for different military groups headed off to war. When Elsie sees recent high school graduates now, she is amazed by what her class had to face right out of high school. She and Joe had three children.

They raised their family in North Providence and later in North Attleboro, MA. Her son, Brian, now lives in Washington state, Joe lives in North Attleboro, and Elaine lives in Attleboro. Elsie remains proud of them all.

During Elaine's senior year in high school, Elsie went to work in North Attleboro High School as a cashier in the cafeteria. That was the high school Elaine attended.

Elaine says she didn't mind having her mother there. Elsie loved interacting with the students there, and one can only imagine how much they loved her!

After retiring from her work at North Attleboro High School, she didn't want to just sit around at home. Sears was hiring, so she became a cashier there.

Elsie and Joe were known as Grammy and Grampy to their four grandchildren. Elsie is known as GiGi to her 6 great grandchildren. She enjoys spoiling them all.

If you have met Elsie, you know she is a people person. She always has been. She was a Girl Scout Leader, a Red Hatter, member of the YMCA Live Wirers, and an active participant in the North Attleboro Senior Center activities. She particularly loved line dancing. She was a phenomenal flower gardener, baker, especially apple pies and Christmas cookies and did beautiful needlework.

Elsie was very active in her church and loved the people in her community very much. Her activities were the Ham and Bean Supper, parish fair which included the Tea Room and was an aide in the CCD program. She received the Marian Medal from her parish for unselfish service to others.

Elsie's great granddaughter interviewed her for a school assignment many years ago. Here is what was written at the end of her school assignment: The world has changed a lot since GiGi was a child. It's more advanced in many ways. Then there was no television, no color on movies, there were records and record players. Now there is more technology and back then girls didn't wear pants until the 50's and 60's. Gigi went through a huge war and the death of loved ones and if she had to do it all over again, she said, "I wouldn't miss a thing. The sad time we had was the war. We children were very innocent. Life was simpler then."

Elsie moved to Pond Home in May of 2021 and jumped right into the fun of joining in activities and adding her special warmth to everyday here.

Debbie's wisdom

Stress management – emotional wellness is an awareness, understanding and acceptance of your emotions and the ability to deal with life's challenges. Take care of yourself and set goals for reducing stress in your life. There are many strategies to try (connect with others, pet an animal, write, take deep breaths, meditate, read, exercise, count back from 100-0 by 2's, get adequate sleep, decrease caffeine, enjoy the present, be optimistic, and last but not least.... LAUGH). Reach out and lean on your support system (family, friends, residents, and staff) when you need support and/or connections thru the highs and lows of life. Pay attention to your stinking thinking and try to make the choice to have healthy/positive thinking to combat stress. The best time to relax is when you don't have the time for it!

*Warm regards,
Debbie*

NATIONAL DAY FOR November

3rd Sandwich Day

4th Candy Day

5th Donut Day

11th Veteran's Day

14th Pickle Day

18th Mickey Mouse Birthday

21st Gingerbread cookie Day

25th Thanksgiving Day



November Birthdays

Bill Rex 1st

Nancy Cormier 5th

Sydney Wright 13th

Vi DiTommaso 16th

Roy Ciapciak 22nd

Theresa Valiquette 28th



“What are you grateful for”

“Kind People”

“Fall foliage and my family and my fabulous chef hubby”

“My healthy family”

“Memories”

“The vaccination”



Staff Spotlight

Katelyn Groh

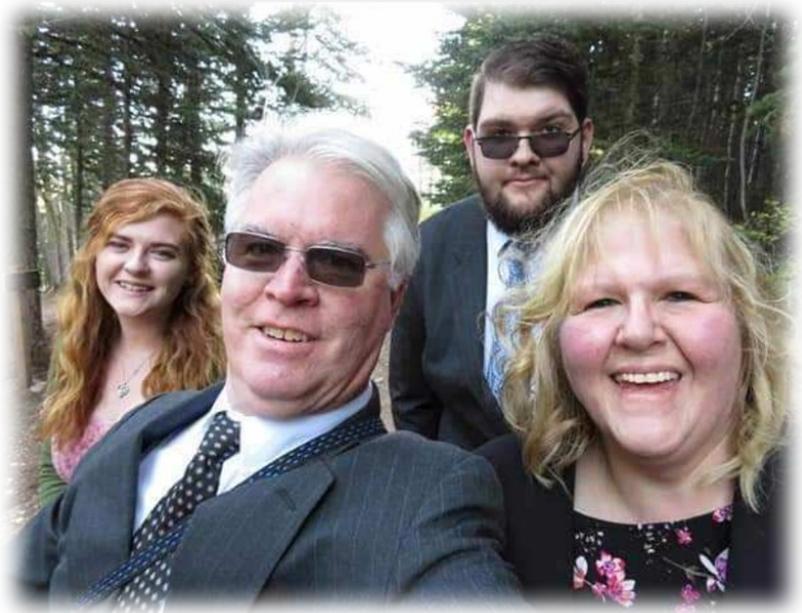
I enjoy working at the Pond Home because I learn how to cook; a skill I didn't have before. I love helping anyone when I can. At the end of the day, it's not easy to make everyone happy in food service, but we sure do try! Somedays it can be challenging, but I still love my job; it's one of the best I have ever had. I meet so many great people here, residents and workers. One memory I will cherish is when I thought a resident didn't like me at first. Well, he really did or maybe it was my red hair because he nicknamed

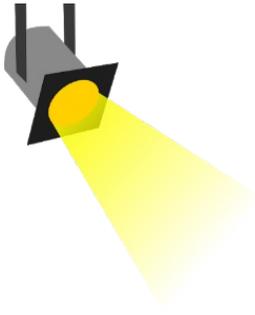
me “Red”, thanks Joe Vatkevich for the memory. I’ve lived in North Attleboro my entire life with my parents and brother. Before I started working here, I was working as a hair stylist at a salon. I still enjoy doing hair on the side but working in a salon is not quite my dream job anymore! I recently took up guitar and singing lessons because I love music and wanted to start a hobby; it helps me destress with everything going on. It makes me feel good to be doing something worthwhile. Who knows maybe I’ll be a famous singer and sing for the residents here at the Pond Home some day! I have a cat at home (don’t tell Patches). Her name is Milkshake; she’s a grey tabby cat. I also like spending my free time with my family and friends working on projects and spending time together!

“Milkshake”



**“Mom, Dad, my brother Paul
and me”**





Activity Highlights for November

- 11th Veteran's Day pinning celebration and Veteran's luncheon*
- 12th Entertainer, Ed Marand, accordion player, LR 4:00*
- 16th Armchair travel "Ireland", LR 3:00*
- 19th Entertainer, Doug Robinson, LR 4:00*
- 23rd Farm Animals, LR 10:30*
- 25th Thanksgiving Day*
- 29th Paws of comfort, LR 3:00*

Weekly shopping-Stop & Shop and Target Wednesday 3rd & 10th at 10:00
Mystery rides Thursdays leaving at 1:30

Exercise daily at 9:15

Movies and manicures Mondays at **1:15**, LR

11/01 "Eight Men Out"

11/08 "Flags of Our Fathers"

11/15 "Evening"

11/22 "True Grit"

11/29 "Prancer"

Hairdresser is here Fridays and Saturdays this month.

Thanksgiving Word Search

T	H	A	N	K	F	U	L	A
U	L	O	V	E	F	T	D	G
R	U	R	K	E	R	Y	R	O
K	F	A	L	L	I	H	E	B
E	O	O	L	F	E	F	S	B
Y	O	P	I	E	N	A	S	L
D	T	I	I	A	D	M	I	E
N	B	L	E	S	S	I	N	G
Y	A	G	G	T	I	L	G	O
A	L	R	T	S	B	Y	R	B
M	L	I	N	D	I	A	N	B
S	E	M	H	O	P	E	A	L
T	H	☺	P	A	R	A	D	E
C	R	A	N	B	E	R	R	Y

THANKFUL
 BLESSING
 FAMILY
 FRIENDS
 LOVE
 HOPE

GOBBLE-GOBBLE
 TURKEY
 DRESSING
 CRANBERRY
 YAMS
 PIE

FALL
 PILGRIM
 INDIAN
 FEAST
 FOOTBALL
 PARADE

MORE FUN: USE THE REST OF THE LETTERS IN THE ORDER THEY APPEAR, TO FIND THE ANSWER.

WHAT'S BLUE AND COVERED WITH FEATHERS?

_____!
 _____! ☺