

Home Times Monthly

*A newsletter for Pond Home residents with
all the news that's fit to print*

September 2022 volume 179

To My Dear Residents,

You have been getting way too many 'Covid love letters' from me lately. Sorry about that, but it is important to keep you up to date on the Covid cases within our building. That way you know what is going on within your home and can assess your comfort level and risk factors. Like you I am frustrated by the cases happening here but am so thankful it seems the variant we have in the building is very mild for those who are up to date on their vaccinations.

This month, I felt the need to reflect on the positives that come out of challenges. I found these quotes I wanted to share with you. I think it is important for each of us to be reminded that with every challenge something positive comes from it.

“Life doesn't get easier or more forgiving, we get stronger and more resilient.”

— **Steve Maraboli, Life, the Truth, and Being Free**

“The oak fought the wind and was broken, the willow bent when it must and survived.”

— **Robert Jordan, The Fires of Heaven**

“It's your reaction to adversity, not adversity itself that determines how your life's story will develop.”

— **Dieter F. Uchtdorf**

Let's each make sure our life story continues to develop positively.

Stay strong, stay resilient and thanks for reading,

Becky Annis

Debbie's wisdom

Labor Day is a national holiday on Monday, September 5th (the first Monday in September). It is a day off, the mark of the end of the summer and a final celebration before the kids go back to school. Really though, it symbolizes the American People's dedication towards building a better society for ourselves, now and for future generations to come. Nobody knows more about the perseverance and hard work it takes to build this great country than the senior citizens living here today. Let's all stop for a moment to admire, respect, and share how much thanks and gratitude we owe to the generations that came before us. Thank you to you all who make this country and our community what it is today!



September Birthday's

Pat Bader 3rd
Adrienne Ciapciak 24th



Employee Spotlight

Ashley Guenette

I work in the kitchen here at Pond Home. Currently, I am attending King Philip Regional High School, entering my junior year. Within my school, I participate in volleyball, basketball, and track. I was elected as the vice president of class of 2024. I love being involved in my community leading to one of the reasons I began this job in 2021. Not only did this aspect appeal to me, but I am also seeking a career in the medical field after graduation. I viewed this opportunity as my first exposure to a similar environment. I plan to attend an undergraduate pre-medical program with a double major in biochemistry health sciences and biomedical engineering. My dream schools are U-Miami and UCLA, considering I do not admire the cold weather. Additionally, I plan on participating in the ROTC scholarship program which includes undergoing military training during undergraduate years, and then serving as a physician in the Army/Airforce after completing medical school. Growing up, science was always one of my favorite subjects in school. I was ecstatic when I learned I could incorporate it in my future career. I am the youngest of seven children, and the owner of two beautiful British Cream Retrievers, Charlotte and Ava. I look forward to continuing my employment at Pond Home for the rest of my high school career and possibly part-time during my further education.



Activity Highlights for August

Weekly shopping-Stop & Shop and Target Wednesday's at 10:00

Mystery rides Thursdays leaving at 1:30

Social Under the Stars – Wednesday Nights 6pm – Back Patio

Bi-weekly banking with Wrentham Co-op bank 10:00 – 11:00 on Tuesdays

Exercise daily at 9:15

Movie Mondays - 1:15, LR

9/5 – Cocoon

9/12 – Remember the Titans

9/19 - TBD

9/26 - TBD

Evening Movies - 6pm, LR

9/3 – Sleepless in Seattle – 3pm

9/8 - TBD

9/15 - TBD

9/20 - TBD

9/24 – Breakfast at Tiffany's – 2pm

9/27 – TBD

9/29 - TBD

9/2 – Farm Visits

9/10 – Jimmy Buffett Party

9/12 – Chocolate Milkshake Day

9/17 – NEADS Dogs Visit

9/28 – Elderly Brothers



Hairdresser Thursday & Friday