

Home Times Monthly

*A newsletter for Pond Home residents with
all the news that's fit to print*

March 2023 volume 185

To My Dear Residents,

Here comes March, and if the weather forecast is to be predicted, it will be coming in like a lamb, as most of our winter has been. It is February that gave us some substantial white stuff, which was very pretty to look at from the windows, and is not expected to last long. Soon we will be enjoying the wakening of dormant plants and the early crocuses that come up in the front garden. It is a time of rebirth and renewal.

Make it your time too, to try something new. Maybe you could strike up a conversation with another resident you don't really know. Within five minutes, I bet you will have found things in common. Try a planned activity that you might not have ventured out to before. If you have an idea for something you would enjoy, please share it with the Activities staff, who would love to get your ideas and work them into the schedule.

Spring will come for the earth and us.

Thanks for reading,

Becky Annis, Administrator Pond Home



DEBBIE'S WISDOM

March WOW

Let's talk about life! Every single life experience builds our story. Let us live with passion no matter our age. We begin aging when we are born but always feel younger than our age because our spirit never ages. Aging is also an attitude. It's making the most out of what we have at any given time. I am inspired by Madam Jeanne, who is 127 years old. She lives every day to the fullest and keeps a positive attitude. She says, "I'm actually still a young girl, it's just that I haven't looked so good for the past 70 years." Let's all spend this month living life to the fullest and focus on the positive... be happy and laugh often.



March Birthday's

Roger Mitchell	9th
Virginia Lucey	12th
Catherine Owen	15th
Jackie Sullivan	16th
Kay Olson	28th
Elsie Maione	28th
Joyce Annis	30th

CAN YOU CONTRIBUTE?

Contributions to our newsletter are encouraged and appreciated!

Articles, photos, staff news, trivia, poems and amusing stories relating to life here at Pond Home are most welcome.

Please hand in your submission to Melissa or Donna anytime.

Thank you!

International Women's Day Wednesday March 8th

We will be lucky enough to have **Kirsten Davis** come speak to us of her experiences serving in the US Military.

Kirsten was a E4 Senior Airmen in the US Air Force, and is currently the Commander at the American Legion in Raynham, MA

St. Patrick's Day Friday March 17th

Come join us in the living room and be transported to the beautiful isle of Ireland, as Donna shares her photos and experiences on her trips to the beautiful country of Ireland. We then will be LUCKY enough to hear Michael Leidig treat us to a special selection of music on

our piano



World Poetry Day Tuesday March 21st

We will work on creating our own poetic creations during Color & Chat. Are there any poets in our home? We would love to see some of your work!

SPRING

March brings about the beautiful season of Spring! March 20th will be the first day of Spring, and we are looking forward to the return of green grass, blooming flowers and warmer longer days!



Spring, spring is coming soon,
Grass is green and flowers bloom,
Birds returning from the south,
Bees are buzzing all about,
Leaves are budding everywhere,
Spring, spring is finally here!



Activity Highlights for March

Weekly shopping-Stop & Shop and Target Wednesday's at 10:00

Mystery rides Thursdays leaving at 1:30

Exercise daily at 9:15

Monday Matinee - 1:15, LR

3/6 - "Woman in Gold"
3/13 - "The Quiet Man"
3/20 - "Pot O' Gold"
3/27 - "The Love of the Game"

Evening Movies - 6pm, LR

3/8 - "Hidden Figures"
3/14 - TBD
3/16 - "Brooklyn"
3/19 - "Rescued by Ruby"
3/23 - "Miracle"
3/26 - TBD

3/4 - Steven King Entertains

3/5 - NEADS Dog visit

3/6 - Musical Entertainer - Jeffrey

3/8 - Speaker - Kristen Davis

3/16 - Resident Council

3/17 - Michael L. plays piano

3/20 - Catholic Mass

3/22 - Ecumenical Service

3/23 - Flower Show - N. Attleboro Art Museum

3/24 - Steve Rudoph Entertains

3/30 - Red Sox Opening Day



HAIRDRESSER THURSDAY & FRIDAY

Word Search

INTERNATIONAL WOMEN'S DAY



C O U R A G E V A L U E D N
O C R E F O R M C F V R O A
S H H S O C I A L A C E M H
X U R G E N D E R F E F A L
I I P Q Z Q I B E D L L C L
J F N P U O U G S P E E T I
J E T F O P A A J U B C I B
A M M D L R O B L C R T V E
C I W Q F U T S S I A U I R
T N Y F X U E G I M T O S A
I I U Y V V P N L T E Y T T
O S O C I E T Y C V I T E I
N M A D V O C A T E M V W O
G G O R I G H T S J U Z E N

Feminism
Advocate
Reform
Positive
Gender

Influence
Suffrage
Liberation
Social
Valued

Activist
Equality
Support
Rights
Reflect

Brave
Celebrate
Society
Courage
Action

St. Patrick's Day Word Search



O	E	E	A	R	P	P	S	M	L	C
G	A	E	E	L	A	H	A	E	N	D
R	E	A	U	T	A	G	P	K	T	N
E	P	C	R	M	I	R	O	R	D	A
E	K	I	R	C	E	I	A	A	L	L
N	C	O	H	C	R	A	M	I	A	E
K	C	T	H	R	I	I	I	N	R	R
K	O	A	A	R	H	O	R	B	E	I
P	U	H	S	I	W	I	I	O	M	T
N	C	L	O	V	E	R	S	W	E	N
V	O	D	L	O	G	H	H	T	K	N

GOLD

LEPRECHAUN

PATRICK

GREEN

POT

CLOVER

SHAMROCK

LUCK

IRISH

MARCH

EMERALD

WISH

RAINBOW

IRELAND

MAGIC