## Fall Winter Menu - October- 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pot Roast, Mashed     Potato, Carrots &     Pearl Onions	Spaghetti &     Meatballs, Wax Beans,     Italian Bread	Swordfish w/ Lemon     Butter, Baked Potato,     Sliced Beets	4. American Chop Suey, Broccoli, Garlic Bread	5. Boneless Chicken Thighs, Au Gratin Potatoes, Asparagus	6. Baked Stuffed Sole Newburgh, Rice Pilaf, Butternut Squash	7. Baked Stuffed Cabbage, Green Beans, Italian Bread
EVE MEAL: Italian Wedding Soup, Salami & Provolone Sandwich, Green Bean Casserole	EVE MEAL: Beef Barley Soup, Hamburger on a Bun, Sliced Tomato & Lettuce, Carrot Raisin Salad	EVE MEAL: Broccoli Cheddar Soup, Egg Salad Sandwich, Potato Chips, Pickle	EVE MEAL: Split Pea Soup, Shrimp Salad Croissant, Pickled Beets	EVE MEAL: Beef Barley Soup, Turkey Salad Wrap, 3 Bean Salad	EVE MEAL: Vegetable Soup, Macaroni & Cheese, Stewed Tomatoes	EVE MEAL Chicken Dumpling Soup, Grilled Cheese, Tossed Salad
8. Baked Ham, Raisin Sauce, Mashed Sweet Potatoes, Cauliflower	9. Chicken & Vegetable Stir Fry over Rice	10. Beef & Vegetable Stew, Biscuit	11. Chicken Pie, Mashed Carrots & Turnips, Cranberry Sauce	12. Stuffed Peppers, Italian Bread, Wax Beans	13. Shrimp Scampi over Angel Hair, Broccoli	14. Chicken Marsala over Pasta, Baby Carrots
EVE MEAL Tomato Bisque, Seafood Salad Roll, Coleslaw	EVE MEAL: Chicken Noodle Soup, Sliced Chicken Sandwich, Tomato Basil Mozzarella Salad	EVE MEAL: Corn Chowder, Greek Salad w/ Grilled Chicken	EVE MEAL Broccoli Cheddar Soup, Cottage Cheese Fruit Plate, Lemon Bread	EVE MEAL: Vegetable Soup, Macaroni & Cheese, Stewed Tomatoes	EVE MEAL: Tomato Soup, Grilled Cheese & Tomato	EVE MEAL: Italian Wedding Soup, Sloppy Joe, 3 Bean Salad
15. N.E. Boiled Dinner: Corned Beef, Cabbage, Carrots,	16. Meatloaf w/ Gravy, Baked Potatoes, Broccoli	17. Baked Dijon Salmon, Butternut Squash, Mashed Potato	18. Marinated Turkey Tips, Rice Pilaf, Baby Carrots, Cranberry Sauce	19. Lasagna, Side Salad, Italian Bread	20. Lobster Newburgh, Brown Rice, Asparagus EVE MEAL: New	21. Baked Stuffed Shells, Green Beans
Boiled Potatoes  EVE MEAL: Split Pea Soup, Creamed Chicken on a Biscuit, Steamed Buttered Asparagus	EVE MEAL Minestrone Soup, Grilled Ham & Cheese, Pickled Beets	EVE MEAL: Tomato Bisque, Italian Sub, Potato Chips, Pickle	EVE MEAL: Split Pea Soup, Chicken Salad Sandwich, 3 Bean Salad	EVE MEAL: Minestrone Soup, Hamburger on a Bun, Sliced Tomato & Lettuce, Onion Rings	England Clam Chowder, Tuna Melt, Coleslaw	EVE MEAL: Chicken Noodle Soup, Thanksgiving Sub
22. Salisbury Steak w/ Gravy, Mashed Potato, Peas & Pearl Onions	24. Boneless Fried Chicken w/ Gravy, Baked Potato, Carrots	24. Lamb & Vegetable Stew, Biscuits	25. Eggplant Parmesan, Pasta, Green Beans	26. Roast Turkey w/ Gravy, Butternut Squash, Mashed Potato, Stuffing, Cranberry Sauce	27. Baked Halibut, Baked Potato, Buttered Sliced Beets	28. Beef & Mushroom Burgundy over Egg Noodles, Wax Beans
EVE MEAL: Vegetable Soup, Reuben Sandwich, Pickle	EVE MEAL: Chicken & Dumpling Soup, Grilled Chicken Caesar Salad	EVE MEAL: Broccoli Cheddar Soup, Meatball Sub, Tossed Salad	EVE MEAL: Italian Wedding Soup, Ham Salad Sandwich, Fruit Cup	EVE MEAL: Corn Chowder, Chicken Salad w/ Grapes, Cucumber Salad	EVE MEAL: New England Clam Chowder, Tuna Salad Roll, Carrot Raisin Salad	EVE MEAL: Vegetable Soup, Hot Dog on a Bun, Baked Beans
29. Roast Pork, Mashed Potatoes, Sauerkraut	30. Shepherd's Pie w/ Gravy, Green Beans	31. Baked Haddock, Tartar Sauce, Baked Potato, Asparagus				
EVE MEAL: Chicken Noodle Soup, Hot Pastrami & Cheese on a Bun, Pickle	EVE MEAL: Corn Chowder, Turkey Salad Sandwich, Fruit Cup	EVE MEAL: Beef Barley Soup, Hamburger on a Bun, Sliced Tomato & Lettuce, Carrot Raisin Salad				

<sup>\*\*\*</sup> ALL MEALS SERVED WITH MILK, COFFEE, OR TEA. ALL DESSERTS CHOICE OF FRUIT OR DESSERT OF THE DAY \*\*\*