

## Spring Summer Menu-July-2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1. Manicotti, French Cut Green Beans, Italian Bread  SUPPER White Bean & Escarole Soup, Roast Beef and Cheddar Sandwich, Tomato Cous Cous Salad	2. Chicken a la King in a Puff Pastry, Zucchini  SUPPER: Tomato Soup, Grilled Cheese, Cucumber Salad	3. Balsamic & Fig Glazed Chicken, Buttered Rice, Carrots  SUPPER: Vegetable Lentil Soup, Sliced Chicken & Cheese Croissant, Lettuce & Tomato	4. COOKOUT: BBQ Chicken, Macaroni Salad, Coleslaw  SUPPER: Minestrone Soup, Egg Salad Sandwich, Sweet Gherkins, Potato Chips	5. Shrimp Scampi over Angel Hair, Peas & Pearl Onions  SUPPER: New England Clam Chowder, Grilled Cheese & Tomato	6. Grilled Chicken w/ Sun Dried Tomato Pesto, Green Beans, Buttered Rice  SUPPER: Garden Vegetable Soup, Hot Dog on a Bun, Baked Beans, Pickle
7. Teriyaki Pork Tenderloin, Sweet Potato Tots, Asian Coleslaw  SUPPER: Chicken Vegetable Rice Soup, Cottage Cheese Fruit Plate, Fruit Bread	8. Beef Stroganoff over Egg Noodles, Cauliflower  SUPPER: Kale Soup, Crab Cakes, Tartar Sauce, Cole Slaw	9. Baked Haddock, Baked Potato, Zucchini  SUPPER: Chicken Noodle Soup, Turkey Club, French Fries, Dill Pickle Spear	10. Tortellini Marinara, Asparagus  SUPPER: Tomato Soup, Lobster Salad Roll, 3 Bean Salad	11. Turkey, Gravy, Stuffing, Mashed Potatoes, Butternut Squash, Cranberry Sauce  SUPPER: Chicken & Wild Rice Soup, Garden Salad w/ Shrimp Cocktail	12. Baked Stuffed Sole Newburgh, Baked Potato, Asparagus  SUPPER: New England Clam Chowder, Seafood Salad Roll, Pickled Beets	13. Chicken Cacciatore over Pasta, Green Beans  SUPPER: Onion Soup, Ham Salad on Rye, Fruit Cup
14. Roast Beef Tenderloin w/ Red Wine Demi Glaze, Baked Potato, Peas & Pearl Onions  SUPPER: Minestrone Soup, Hot Dog on a Bun, Baked Beans	15. Teriyaki Salmon, Roasted Potatoes, Sliced Beets  SUPPER: White Bean & Escarole Soup, Grilled Chicken over Garden Salad	16. Cranberry Meatballs over Rice, Baby Spinach  SUPPER: Tomato Soup, Tuna Salad Pocket, Coleslaw	17. Beef & Vegetable Stew, Biscuit  SUPPER: Chicken Noodle Soup, Egg Salad Sandwich, Potato Chips, Pickle Spears	18. Lasagna, Side Salad, Italian Bread  SUPPER: Butternut Squash & Apple Soup, Chicken Salad w/ Grapes, Cucumber Salad	19. Spinach & Artichoke Swordfish, Sliced Beets, Rice Pilaf  SUPPER: Tomato Soup, BLT, 3 Bean Salad	20. Chicken Piccata, Mashed Potatoes, Baby Carrots  SUPPER: Chicken Vegetable Rice Soup, Hamburger on a Bun, Onion Rings, Lettuce & Tomato
21. Baked Ham w/ Raisin Sauce, Mashed Sweet Potatoes, Broccoli  SUPPER: Minestrone Soup, Thanksgiving Sub, Pickle	22. American Chop Suey, Wax Beans, Italian Bread  SUPPER: Tomato Soup, Quiche, Caprese Salad	23. Creamy Shrimp Fettuccine, Green Beans  SUPPER: Broccoli Cheddar Soup, Baked Fish Sandwich w/ Tartar Sauce, Tomato & Lettuce	24. Marinated Chicken Breast, Cilantro Lime Rice, Zucchini  SUPPER: Butternut Squash & Apple Soup, Cottage Cheese Fruit Plate, Fruit Bread	25. Swedish Meatballs over Rice, Broccoli  SUPPER: Garden Vegetable Soup, Macaroni & Cheese, Stewed Tomatoes	26. Baked Scallops, Baked Potato, Butternut Squash  SUPPER: New England Clam Chowder, Shrimp Salad Sandwich, Pickled Beets	27. Ravioli, Asparagus  SUPPER: Vegetable Lentil Soup, Sliced Turkey & Cheese on a Croissant, Lettuce & Tomato
28. Parmesan Garlic Baked Chicken, Mashed Potatoes. Beets  SUPPER: Garden Vegetable Soup, Veggie Burger, Potato Salad	29. Spaghetti & Meatballs, Garlic Bread, Wax Beans  SUPPER: Vegetable Chicken Rice Soup, Grilled Ham & Cheese, Tomato Cous Cous Salad	30. Chicken Tenders w/ Dipping Sauce, French Fries, Cole Slaw  SUPPER Kale Soup, Corned Beef & Swiss on Pumpernickel, Pasta Salad	31. Potato Crusted Cod, Roasted Potato, Baby Carrots  SUPPER: Broccoli Cheddar Soup, Seafood Salad Roll, Carrot Raisin Salad			

\*\*\* ALL MEALS SERVED WITH MILK, COFFEE OR TEA. ALL DESSERTS CHOICE OF FRUIT OR DESSERT OF THE DAY \*\*\*