Spring Summer Menu-September-2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1. Parmesan Garlic Baked Chicken, Mashed Potatoes. Beets	2. Spaghetti & Meatballs, Garlic Bread, Wax Beans	3. Chicken Tenders w/ Dipping Sauce, French Fries, Cole Slaw	4. Potato Crusted Cod, Roasted Potato, Baby Carrots	5. Swedish Meatballs over Rice, Broccoli	6. Baked Halibut w/ Lemon Butter, Rice Pilaf, Asparagus	7. COOKOUT: Hot Dog or Hamburger, Potato Salad, Coleslaw
SUPPER: Garden Vegetable Soup, Veggie Burger, Potato Salad	SUPPER: Vegetable Chicken Rice Soup, Grilled Ham & Cheese, Tomato Cous Cous Salad	SUPPER Kale Soup, Corned Beef & Swiss on Pumpernickel, Pasta Salad	SUPPER: Broccoli Cheddar Soup, Seafood Salad Roll, Carrot Raisin Salad	SUPPER: Chicken & Wild Rice Soup, Honey Mesquite Chicken & Cheddar Sandwich, Cucumber Salad	SUPPER: New England Clam Chowder, Tuna Melt, Greek Feta Pasta Salad	SUPPER: Minestrone Soup, Take-Out Pizza, Side Salad
8. Meatloaf, Mushroom Gravy, Mashed Potatoes, Baby Carrots SUPPER: Onion Soup, Chicken Salad, Beet & Onion Salad	9. Manicotti, French Cut Green Beans, Italian Bread SUPPER White Bean & Escarole Soup, Roast Beef and Cheddar Sandwich, Tomato Cous Cous Salad	10. Chicken a la King in a Puff Pastry, Zucchini SUPPER: Tomato Soup, Grilled Cheese, Cucumber Salad	11. Balsamic & Fig Glazed Chicken, Buttered Rice, Carrots SUPPER: Vegetable Lentil Soup, Sliced Chicken & Cheese Croissant, Lettuce & Tomato	12. Turkey, Gravy, Stuffing, Mashed Potatoes, Butternut Squash, Cranberry Sauce SUPPER: Minestrone Soup, Egg Salad Sandwich, Sweet Gherkins,	13. Shrimp Scampi over Angel Hair, Peas & Pearl Onions SUPPER: New England Clam Chowder, Grilled Cheese & Tomato	14. Grilled Chicken w/ Sun Dried Tomato Pesto, Green Beans, Buttered Rice SUPPER: Garden Vegetable Soup, Hot Dog on a Bun, Baked Beans, Pickle
15. Teriyaki Pork Tenderloin, Sweet Potato Tots, Asian Coleslaw	16. Beef Stroganoff over Egg Noodles, Cauliflower	17. Baked Haddock, Baked Potato, Zucchini	18. Tortellini Marinara, Asparagus	Potato Chips 19. COOKOUT: BBQ Chicken, Macaroni Salad, Coleslaw	20. Baked Stuffed Sole Newburgh, Baked Potato, Asparagus	21. Chicken Cacciatore over Pasta, Green Beans
SUPPER: Chicken Vegetable Rice Soup, Cottage Cheese Fruit Plate, Fruit Bread	SUPPER: Kale Soup, Crab Cakes, Tartar Sauce, Cole Slaw	SUPPER: Chicken Noodle Soup, Turkey Club, French Fries, Dill Pickle Spear	SUPPER: Tomato Soup, Lobster Salad Roll, 3 Bean Salad	SUPPER: Chicken & Wild Rice Soup, Garden Salad w/ Shrimp Cocktail	SUPPER: New England Clam Chowder, Seafood Salad Roll, Pickled Beets	SUPPER: Onion Soup, Ham Salad on Rye, Fruit Cup
22. Roast Beef Tenderloin w/ Red Wine Demi Glaze, Baked Potato, Peas	23. Teriyaki Salmon, Roasted Potatoes, Sliced Beets	24. Cranberry Meatballs over Rice, Baby Spinach	25. Beef & Vegetable Stew, Biscuit	26. Lasagna, Side Salad, Italian Bread	27. Spinach & Artichoke Swordfish, Sliced Beets, Rice Pilaf	28. Chicken Piccata, Mashed Potatoes, Baby Carrots
& Pearl Onions SUPPER: Minestrone Soup, Hot Dog on a Bun, Baked Beans	SUPPER: White Bean & Escarole Soup, Grilled Chicken over Garden Salad	SUPPER: Tomato Soup, Tuna Salad Pocket, Coleslaw	SUPPER: Chicken Noodle Soup, Egg Salad Sandwich, Potato Chips, Pickle Spears	SUPPER: Butternut Squash & Apple Soup, Chicken Salad w/ Grapes, Cucumber Salad	SUPPER: Tomato Soup, BLT, 3 Bean Salad	SUPPER: Chicken Vegetable Rice Soup, Hamburger on a Bun, Onion Rings, Lettuce & Tomato
29. Baked Ham w/ Raisin Sauce, Mashed Sweet Potatoes, Broccoli	30 .American Chop Suey, Wax Beans, Italian Bread					
SUPPER: Minestrone Soup, Thanksgiving Sub, Pickle	SUPPER: Tomato Soup, Quiche, Caprese Salad					