Home Times Monthly A newsletter for Pond Home residents with all the news that's fit to print

September 2024 volume 143

To My Dear Residents:

This month, (if delivery comes as planned), we will be getting some new tables in the dining room. Some of the four-person round tables will be replaced with sixperson rectangular tables. Not only will this allow for more socialization opportunities at these tables, but it should also create a feeling of more space.

If you have a desire to move to a new table when that happens NOW is the time to let someone in the front office know of your desire. We are working on the adjusted seating arrangements. We will do our best to accommodate your wishes.

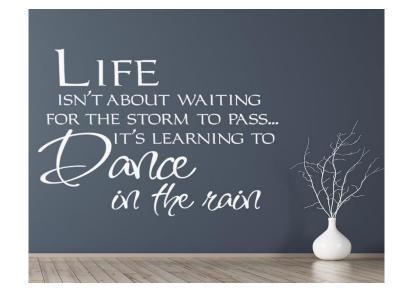
Just like at a restaurant, we will continue to move your walkers and some wheelchairs out of the dining room during the meal. These will be returned to you at the end of the meal or at your request if you need to get up during the meal.

Thanks to most of you who have been agreeable and accommodating to the staff when they move these items. This gives access to your table for other residents, the wait staff, and nursing staff. It is so very helpful.

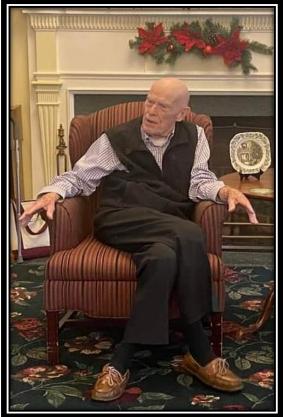
We are ordering new tablecloths and over time converting all our China to the white pattern on the main dining plates. Sometime during fall we plan to have the dining room flooring replaced as well, giving everything a fresh look.

Thanks for reading,

Becky Annis, Administrator



<u>Resident Spotlight</u>



This month's resident spotlight is **Paul Nolan**. Paul was born in Boston, MA, and is a graduate of both Boston Latin School and Boston College. While in high school and college, he worked a variety of summer jobs in building trades and at a boatyard as a deckhand and charter boat operator.

During college, Paul enlisted in the Navy, and upon graduation, enrolled in Officer Candidate School. He went on to serve three years on a navy destroyer as the chief engineering officer. Paul continued his naval career for nearly 20 years in the Naval Reserves, where he served as the commanding officer on the smallest commissioned ship in the Navy which earned national honors under his command for two years in a row.

Paul's career continued with Factory Mutual Company (now known as FM Global) for 34 years, beginning as a field engineer and eventually as an underwriter. He married his high school sweetheart, to whom he was married for 55 years, and together raised their three children. Paul was a resident of Walpole, MA for more than 60 years.

Paul moved to Pond Home in December 2023. Throughout his adult life, music has been a source of enjoyment for Paul, evident in his delight in playing for his fellow residents.



Paul & Crew playing for the residents



Doing what he loves



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It was recently brought to my attention that some of our residents have an issue with dogs using the outside as a bathroom. I just want to remind you that our other visiting furry friends do not use a litter box like I do. They need to use the bathroom outside, so please be kind to our furry friends who visit other residents here at Pond Home. Everyone appreciates furry friend company....me too even though I act like I don't! But can we all agree those dogs are just not as sophisticated as me?!

Your furry friend



DEBBIE'S WISDOM

Today is the perfect day to start fresh. It's never too late to begin again. Wipe your slate clean of anything that does not serve you. Embrace kindness, compassion and warmth. Stand for justice and be judgment free. Ask for help when needed and lend a hand when able. Listen with your whole heart. Offer hope and work for the common good. Be the change you wish to see in the world and sprinkle your love around.

We are human, we are not perfect. We are alive, we try things. We make mistakes, we stumble, we fall. We get hurt, we rise again. We try again, we keep learning, we keep growing. And we are thankful for this priceless opportunity called life.

Good Morning



Pat Webster	14^{th}
Adrienne Ciapciack	24^{th}

Employee Spotlight

This month's employee spotlight is Samantha Beach. You know her as Sammi.



Hi, my name is Sammi Beach. I'm 19 years old, and I'm from Plainville, MA. I've been working in the kitchen at the Pond Home for almost two years now! I'm currently attending UMass Amherst studying English, but I intend to change my major to communications upon my return to school in the fall. When I'm not working at the Pond Home, I love spending time with friends, family, and my pets! I also love going to the beach, listening to music, and reading. I have absolutely loved working at the Pond Home, and I am incredibly grateful to have had the opportunity to do so.



This is Jack



This is Aero (left) and Emma (right)



This is Rosie



This is Gino (the one being sat on) and Mama (the one doing the sitting)



Activity Highlights for September

Weekly shopping - Stop & Shop and Target Wednesday's at 10am

<u>Mystery rides Thursdays leaving at 1:30pm</u>

Lending Library - Monday's at 10am

Social Under the Stars is back - weather permitting - Wednesday evenings!

> Wednesday's Music with Paul & Vince 2pm LR Thursday Nights - Popcorn & a Movie 6pm LR

Exercise/Morning Stretch daily at 9:15

Monday Matinee - **1:15pm**, **LR** 9/2: "Mrs. Doubtfire: 9/9: "The Great Debaters" 9/16: "The Grapes of Wrath" 9/30: "Castaway" Saturday Matinee - **1pm, LR** 9/7: "My Sister Eileen" 9/14: "How to Murder Your Wife" 9/21: "The Wizard of Oz" 9/28: Gone with the Wind"

Sunday Evening Movie - 6pm, LR

- 9/1: "Witness for the Prosecution"
- 9/8: "Strangers on a Train"
- 9/15: "TBD"
- 9/22: "Million Dollar Murder"

9/29: "TBD"

- 9/5 & 9/23: Roberta plays and sing a-long
- 9/5: Menu Meeting
- 9/6: Musical memories with John & Linda Poirier
- 9/7: Steven King entertains
- 9/8: Chuck D performs
- 9/11: Aoife Clancy performs
- 9/14: NEADS Dogs visit
- 9/14: Doug Robinson performs
- 9/16: Catholic Mass
- 9/18: Spice of Life Entertains
- 9/19: Resident Council
- 9/20: Michael Leidig plays piano
- 9/22: Eddie Dillon performs

