Home Times Monthly

A newsletter for Pond Home residents with all the news that's fit to print

December 2024 volume 146

To My Dear Residents:

December marks 30 years I have been employed by Rogerson Communities to work at Pond Home as the Administrator/Executive Director. I knew I had found a wonderful place to work when I first toured the home during an interview, but I never imagined I would make it my career. Part of the interview process was to meet with the volunteer Board of Trustees, at the time they numbered 22! This was following a thorough assessment by Rogerson Communities, putting me forward as one of three candidates for the board to consider.

What has kept the position interesting and exciting for me is that nothing stays status quo. As new residents move in new expectations come with them. The process of helping a new person 'find their way' at Pond Home begins fresh and each resident and employee that joins us leaves their mark.

It is a privilege to support older adults who live at Pond Home to thrive during their later years. Many realize, shortly after arriving, just how much they were struggling to manage day-to-day responsibilities at home. Here with all we offer, including cooking, cleaning, medication management, laundry, and support when needed residents find they have time to pursue fun and the things that give life joy. That might be in the form of a hobby, catching up with life-long friends, or making new ones.

Below is a quote I found inspiring and wanted to share:

It's easy to judge.
It's more difficult to understand.

Understanding requires compassion, patience, and a willingness to believe that good hearts sometimes choose poor methods.

Through judging we separate.

Through understanding we grow. ~Doe Zantamata

Something I know I want to work on is being more understanding and less judgmental. If everyone in our world worked towards this, what a wonderful place it would be! Let's grow together.

Thanks for reading,

Becky Annis, Administrator

Resident Spotlight



This month's Resident spotlight is **Theresa Beaulieu**. Theresa grew up on a Dairy Farm in Coventry, VT right near the Canadian border. She was born at home in a snowstorm and is the middle child of 10 children. She fondly looks back on her childhood on the farm, it was filled with many good memories. During the war in 1942, her family moved to Norton, MA.

Theresa was lucky enough to marry the love of her life, David, in 1954, and was married for 64 amazing years! After his time in the marines, he began work at Texas Instruments, and Theresa had what she considered one of the luckiest jobs she ever had, a Stay at Home Mom

to her 3 amazing children, 2 sons and a beautiful daughter.

She and her husband lovingly raised their family in North Attleboro, where she loved to entertain! Theresa always enjoyed cooking, knitting and embroidery as her past times, but mostly, just loved to entertain family and friends.

Theresa loved to travel and has so many stories of her extensive travels all over this country as well as Ireland and England. One distinct memory from her travels was to England. They landed the day that Princess Diana was tragically killed and was front and center to the international attention that came to England. They stayed in the same hotel as Dan Rather and Barbara Walters and truly had a front row seat. But she truly loved all her travels around our beautiful country! Some of her favorite trips were to Hawaii, Bramson Missouri, Las Vegas, California; but the most special was touring Washington D.C. where she saw the opening of the World War II Memorial. Theresa is so happy with her transition to becoming one of the newer residents here at Pond Home, moving in September 2024, where she truly loved making some new friendships. She is so pleasantly surprised with how awesome our meals are here. Please be sure to say hello to Theresa if you have not had a conversation with her yet, she is a lovely woman with many interesting stories to tell.



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PATCHES' PURRSPECTIVE

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The house will soon be decorated with its holiday glamour. I love this time of year, because it means I get to check out all kinds of new things around the house, that are put out for a short time each year.

As a reminder, poinsettias and holly, among many other things are poisonous to me. If you receive any as gifts, please keep them high out of my way, and discourage me from spending time alone with these plants. (I just cannot control myself)!

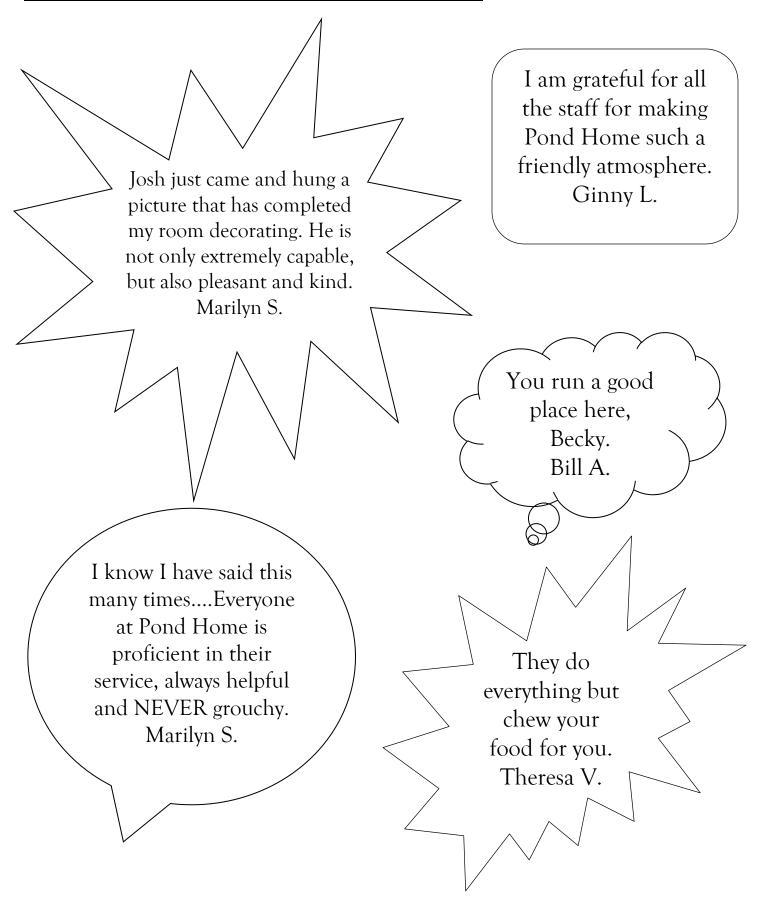
Ribbon is another irresistible thing to me, even though it is something that is dangerous for me if swallowed. So, only let me play with ribbon, string, etc. while under your watchful eyes. When we are done having fun put it away, so I don't get tempted.

What, you ask, do I want for my holiday treat? I love a good scratch on the top of my head and occasionally on my belly. Believe it or not, I am a sentimental guy, who really wants everyone to be happy, and peace at Pond Home. Nothing I love better than hearing laughter and joy in my little part of the world.

Your furry friend



COMMENT/GRATITUDE BOARD



WORDS OF WISDOM

December is the most wonderful time of the year. It is a simple wish that brings spectacular moments. A month of lights, snow, coziness, and feasts; time to make amends and tie up loose ends; finish what you started and make your wishes come true.

- You create your own opportunities. ...
- Never break your promises. ...
- You are never as stuck as you think you are. ...
- Happiness is a choice. ...
- Habits develop into character. ...
- Be happy with who you are. ...
- Don't seek happiness-create it. ...
- If you want to be happy, stop complaining.



December Birthday's

Dorothy Sybertz	$15^{\rm th}$
Theresa Beaulieu	$15^{\rm th}$
Catherine Zeigler	$21^{\rm st}$
Kevin Lohan	23^{rd}
Elaine Wichland	27^{th}
Mary Adduci	31st

Message from Christa, DON

Podiatrist will be in on December 27th.

As a reminder, Next vaccine clinic will be on December 16th Please see the flyer:



2nd COVID-19/Influenza Vaccination **m** Extravaganza 2024!!!



Attention all Pond Home Residents and Staff Members! We will be hosting a 2nd clinic this year for those of you that were not available during our last one in October! This event will also be offering the RSV and Pneumococcal vaccinations!

Date: 12/16/2024

Time: 09:00am12:00Noon

Location:Pond Home Living Room

What you need to know:

*Please bring a photo ID and a copy of your insurance card

Let's Keep Pond Home Community Safe by protecting ourselves, residents, families and loved ones!





Activity Highlights for December

Weekly shopping - Stop & Shop and Target Wednesday's at 10am

Mystery rides Thursdays leaving at 1:30pm

Lending Library - Monday's at 10am

CUDDLES with CODY - Tuesdays at 1pm

Wednesday's Music with Paul & Vince 2pm LR

Thursday Nights - Popcorn & a Movie 6pm LR

Exercise/Morning Stretch daily at 9:15

Monday Matinee - 1:15pm, LR Saturday Matinee - 1pm, LR

12/2: "Going my Way" 12/7: "Hachi"

12/9: "Elf" 12/14: "To Kill a Mockingbird"

12/16: "The Bishops Wife" 12/21: "Miracle on 34th Street"

12/23: "Holiday Inn" 12/28: "Radio Flyer"

12/30: TBD

Sunday Evening Movie - 6pm, LR

12/1: "Grace of Monaco"

12/8: "The Family Man"

12/15: TBD 12/22: TBD

12/5: Popcorn stringing

12/6: Kathy Earabino performs

12/7: Steven King entertains

12/8: St. Mary's Women's Group Christmas Sing-along

12/10: Children's Christmas Carolers

12/12: Book Club

12/13: John & Linda perform

12/14: Aoife Clancy entertains

12/16: Catholic Mass

12/16: Sing-along with Carol, Fred and Mary

12/18: Christmas Lights Tour

12/19: Pastor Ken Ecumenical Service

12/20: Michael Leidig plays piano

12/23: Christmas with Alex

12/29: Eddie Dillon performs

12/31: NOON Year's Eve party

