

Home Times Monthly

*A newsletter for Pond Home residents with
all the news that's fit to print*

April 2025 volume 150

To My Dear Residents:

April in Massachusetts always feels like a time of re-awakening to me. This time of year, the earth shows many signs of re-awakening, with trees budding, bulbs pushing their way out of the still frozen ground, and migratory birds returning to fill the sky with sound and color.

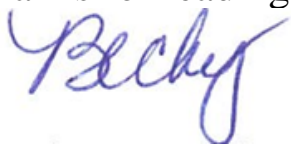
One of my favorite sounds this time of year is the sound of peepers. Those little frogs that appear in every vernal pool, calling out their sweet song.

Another lovely sound is the birds that seem to reawaken and reappear (some back from wintering in warmer climates) come Spring. I recently heard what sounded like a jungle of birds in my neighborhood, and it smelled like spring! You know what I mean, don't you? It's that wonderful, earthy wet scent of everything coming back to life. Be sure to get out with Activities or take a walk around Pond Home to enjoy the sights, sounds, and scents of the spring season.

If it is too cold outside, try getting closer to nature in our sunroom located off the living room. This spot helps start the season early. Speaking of the season starting early, some of the earliest blooming bulb plants happen right outside our front door. Get out there and enjoy!

May it be a wonderful month for you.

Thanks for reading,



Becky Annis, Administrator





PATCHES' PURRSPECTIVE

So, at my vet visit in March, Becky told the vet I was losing weight and it was confirmed by the scale. I know you all think I am chunky, but I am mostly fluff and as I am getting 'long in the tooth' it is not a good sign when I lose weight.

The vet took some blood and ran some tests. It was discovered that I have developed an overactive thyroid. Luckily, this is easily treated with medication. So, like most of you, I now get my medication dispensed from our wonderful nursing staff, two times a day. Unlike some of you, I do not get it in pudding or applesauce, but these wonderful things called pill pockets made by Greenies!

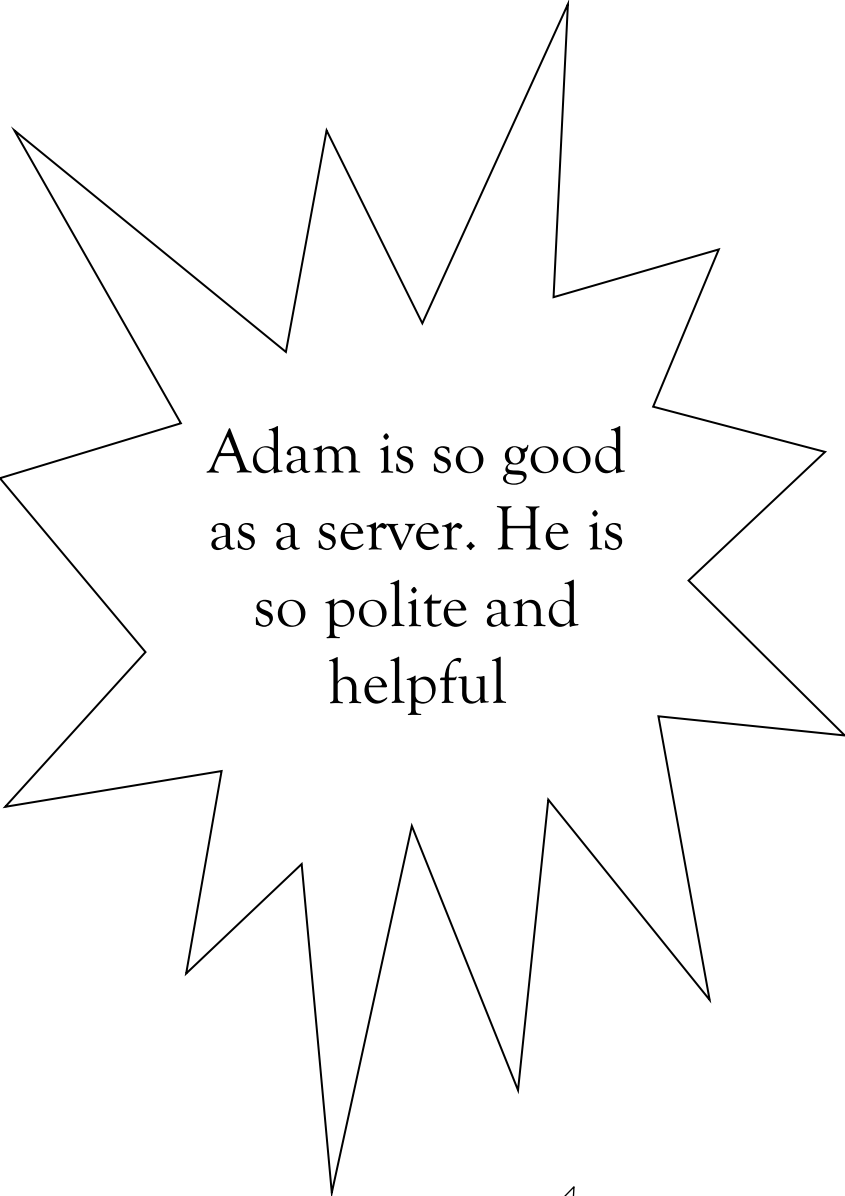
You will be pleased to know the medicine is working. I am thriving once again. I am thankful to the staff who notice any changes in me or my behavior, and seek the experts for a remedy, and the nurses who are helping to keep me healthy by giving me my medication based on Veterinarian's orders.

Aren't you glad I am healthy? I sure am!

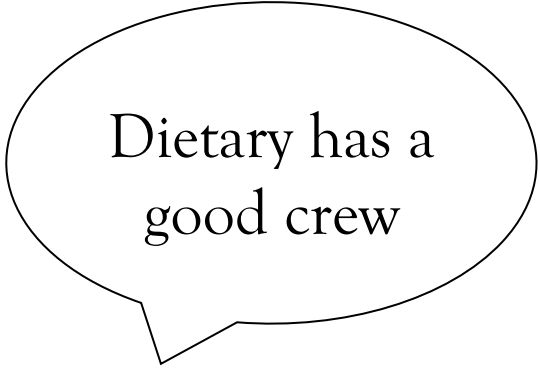
Your furry friend



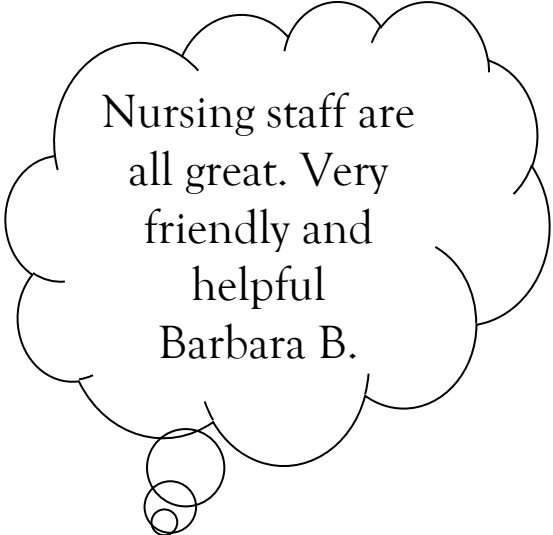
COMMENT/GRATITUDE BOARD




Adam is so good
as a server. He is
so polite and
helpful



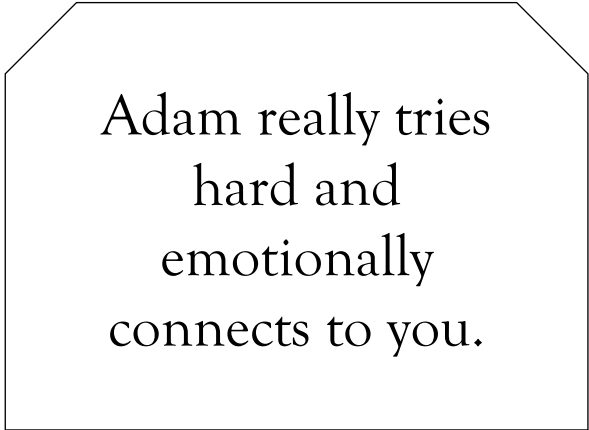
Dietary has a
good crew



Nursing staff are
all great. Very
friendly and
helpful
Barbara B.



Everyone
appreciates
Josh
Alice H.



Adam really tries
hard and
emotionally
connects to you.

WORDS OF WISDOM

- ❖ “April can make old things new.”
- ❖ “No winter lasts forever; no spring skips its turn.”
- ❖ “April is a reminder that life is a beautiful, ever-renewing cycle.”
- ❖ “April is the sweetest month of the year, the mellow season of rebirth and renewal.”
- ❖ “April is the kindest month. April gets you out of your head and out working in the garden.”
- ❖ “April is a reminder that life is a beautiful, ever-renewing cycle.”
- ❖ “April is a promise of what’s to come.”



April Birthday's

Rose Vacca	7th
Lucio DiGiovanni	15th
Barbara Negus	16th
Joan DaCruz	26th
Marylou MacFayden	28th
Paul Nolan	29th

RON'S KITCHEN CORNER

First BBQ Of The Year - April 19th

April 20th Easter Sunday - Traditional Ham Dinner. If you have family that would like to join you, please check with the front office or with the kitchen to see about availability.

Menu meeting will be on **Thursday, April 3rd** at 10am in the Living Room. Please join us and add your suggestions.

Becky told Patches we were getting a new dog as an April Fool's joke, and he was not impressed. I don't know if he has forgiven her yet. This is the dog she showed him and his reaction:



Goodbye and Best Wishes

Dr. Sharon Mullane has been Pond Home's Medical Director since January 2018. As you know, effective March 31, 2025, she resigned from that role, giving us and the patients she followed ample notice of this transition. Her primary practice in Franklin requires more of her time along with the support she needs to provide for her aging parents. She will no longer be making house calls to Pond Home.

For the seven years she served as our Medical Director she provided a reassuring presence for our staff and residents. She has a comforting smile, delightful personality, and the medical skills and knowledge to deserve our admiration and respect. Her tenure here included managing the Covid-19 pandemic. She helped Becky and our Director of Nursing at the time, Terri Javery, navigate an ever-changing potentially deadly situation, approving policies and procedures that helped keep Pond Home staff and residents among the safest in the area.

We are grateful for her work with us and know her positive influence will remain here for years to come, not only from her work, but the residents who now live here that she referred to our home.

ANNOUNCING OUR NEW MEDICAL DIRECTOR



ANNOUNCEMENT



Marie-Helene Almonor, M.D.
joins Vantage Healthcare

Marie-Helene Almonor, MD

Meet Marie-Helene Almonor, MD

Dr. Almonor is a graduate of Universidad del Noreste School of Medicine in Tampico, Mexico, and New York Medical College, New York, NY. Upon her graduation from medical school Dr. Almonor completed her residency at Brookdale Medical Center in Brooklyn, NY.

Dr. Almonor has been in practice for more than 30 years. Her experience includes emergency medicine, urgent care, hospital medicine, and post-acute care in skilled nursing facilities. Dr. Almonor's hospital experience includes the Veteran's Administration Medical Center and University of Minnesota Medical Center, both in Minneapolis, MN.

Since joining Vantage Healthcare, Dr. Almonor has focused her attention on geriatric care in both skilled nursing facilities and assisted living communities as a primary care provider.

About Vantage Healthcare

Vantage is the premier physician practice and care coordination service to patients in skilled nursing facilities and assisted living communities in New England.

Official ACO Partner



Sound Long-Term Care Management
AN ACCOUNTABLE CARE ORGANIZATION

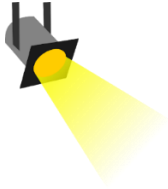
Paul McCloskey
VP, Business Development



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Activity Highlights for April

Weekly shopping - Stop & Shop and Target Wednesday's at 10am

Mystery rides Thursdays leaving at 1:30pm

Lending Library - Monday's at 10am

CUDDLES with CODY - Tuesdays at 1pm

Wednesday's Music with Paul & Friends 2pm LR

Thursday Nights - Popcorn & a Movie 6pm LR

Exercise/Morning Stretch daily at 9:15

Monday Matinee - 1:15pm, LR

4/7: "You Gotta Believe"

4/14: "The Life List"

4/28: "Come Sunday"

Saturday Matinee - 1pm, LR

4/5: "Hoosiers"

4/12: "Runaway Jury"

4/19: "The Last Time I Saw Paris"

4/26: "Oklahoma"

4/2: NEADS Puppy Visit

4/3: Menu Planning Meeting

4/4: Eddie Dillon performs

4/5: Steven King entertains

4/10: Rick Steves Travel

4/11: Doug Robinson performs

4/13: Tom Kennedy entertains

4/14: Out to Lunch club

4/16: Sergei Novokov entertains

4/17: Resident Council

4/18: Michael Leidig plays piano

4/21: Catholic Mass

4/24: Worship with Pastor Ken

4/25: Carmen entertains

4/27: Jim & JJ entertain



HAIRDRESSER THURSDAY & FRIDAY