

Home Times Monthly

*A newsletter for Pond Home residents with
all the news that's fit to print*

July 2025 volume 153

To My Dear Residents:

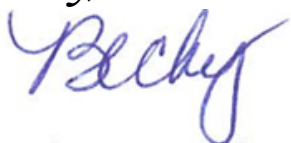
The employees of Pond Home, as well as our volunteer Board of Trustees, take pride in the way Pond Home is kept and maintained. We have been given and entrusted with this beautiful space and do our best to keep up on maintaining its beauty as well as functionality. Each year we budget and plan for capital improvements to keep things running smoothly.

We do our best to keep things working at their optimum level. If you notice something not functioning well in your room or anywhere within the home, please mention it to a staff person so we can alert the maintenance staff to a needed repair. On that note, about maintaining things at their optimum level, that is what we should all be doing for ourselves as well! We know it is important to eat a healthy diet, and Ron and his staff do a great job of giving you that opportunity on a regular basis. It is also important to keep moving. Take a few minutes to join the Activity Staff in the morning stretch, or take a walk in Blooming Corner, or around the building. Your body will thank you for it. *Except on really hot days – your body will question your sanity for going outside on really hot days!* 😊

Pond Home has five beautiful indoor/outdoor spaces that are at their most welcoming this time of year. Last month, we took all that were able/willing on the Spring Stroll to show them off. Remember, when taking that walk around the building, check them out, or bring visitors down to one for a change of pace. We have the three-season porch, off the living room, the patio garden area off the dining room, the covered patio off the nursing section hall, the Bird Viewing Area at the back of the building, and Blooming Corner in the front of the building with umbrella tables and chairs awaiting use. Need directions? Ask staff to guide you there.

Get outside and enjoy the beauty and our extended daylight hours!

Fondly,



Becky Annis, Administrator





PATCHES' PURRSPECTIVE

It has been hot lately, almost too hot for me. I still like finding a slice of sunshine to take a nap in each day, but when it is really hot nothing beats spreading myself out on a tile floor to cool down! This is perfect for me, but the nurses warn I should NOT encourage you to try this, as with only two feet to my four, it is harder for you to get up from the floor. Also, this would create a great deal of paperwork and explanation for the nurses to have to document.

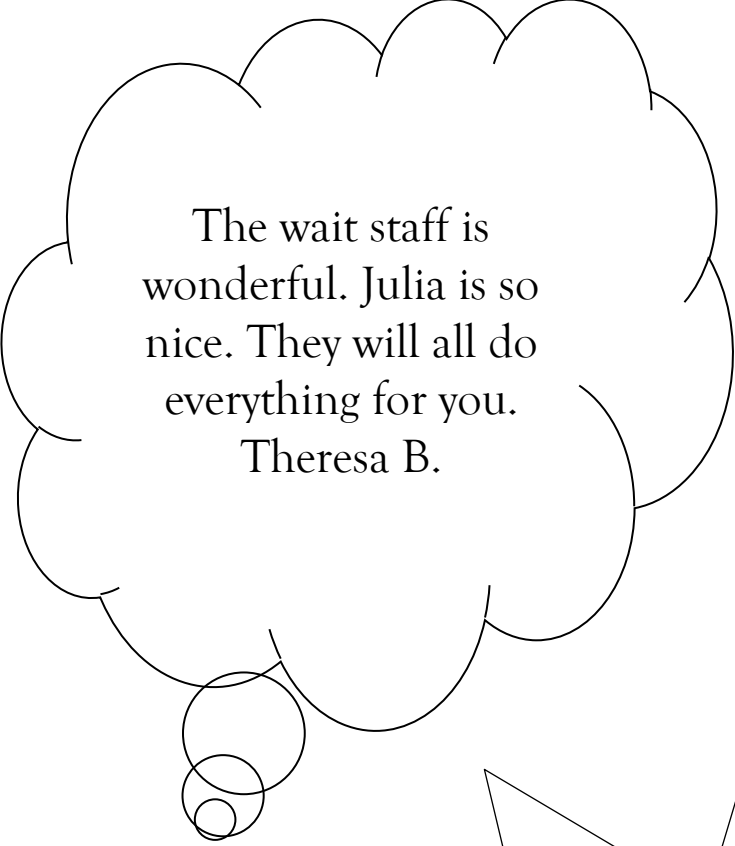
Lucky for you, there is air conditioning throughout the home. In your room, you have complete control of the temperature you wish to maintain....and you have the advantage of hands to do the adjusting. If you need assistance, ask a staff person for help. I would provide limited support.

And that is my puuurspective.....

Your furry friend



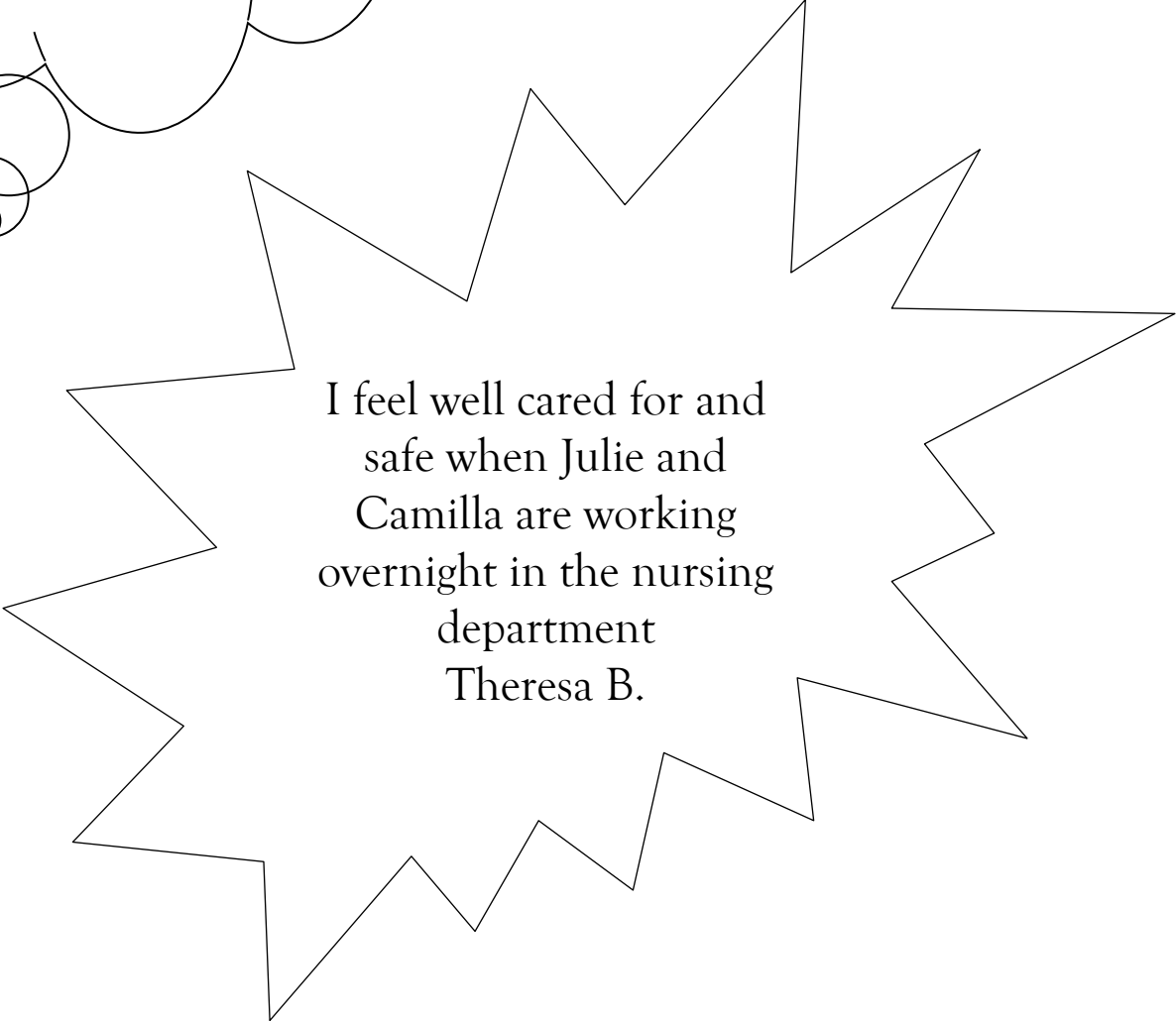
COMMENT/GRATITUDE BOARD



The wait staff is
wonderful. Julia is so
nice. They will all do
everything for you.
Theresa B.



Josh
is
Great!



I feel well cared for and
safe when Julie and
Camilla are working
overnight in the nursing
department
Theresa B.

WORDS OF WISDOM

- ❖ "July is a picnic and a red canoe and a sunburned neck and a softball game and ice tinkling in a tall glass. July is a blind date with summer."
- ❖ "America was not built on fear. American was built on courage, on imagination, and an unbeatable determination to do the job at hand."
- ❖ "July is hollyhocks and hammocks, fireworks and vacations, hot and steamy weather, cool and refreshing swims, beach picnics, and vegetables all out of the garden."
- ❖ "America's a family. We all yell at each other, and it all works out."



July Birthday's

Sandra Picard 1st
Barbara Deely 2nd
Kathleen Gookin 21st
Joan Blitchington 23rd

RON'S KITCHEN CORNER

4th of July BBQ - Celebrate our Nations' Independence.

July 10th - BBQ - fun at Pond Home

Next menu meeting September 2025 date TBD

Message from Christa, DON

Dr. McLaughlin, the podiatrist will be here all day on July 31st for his next visit!



Pond Home

Wednesday July 16th 2025

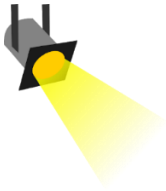
Our Hearing Specialist Michael Nogueira is available for all your hearing healthcare needs!

- ✓ *Are you having trouble hearing your TV?*
- ✓ *Are you having trouble hearing your loved ones on the phone?*
- ✓ *Do your current hearing aids need to be cleaned?*
- ✓ *Do you need new batteries for your hearing aids?*

First time visits include a complimentary hearing evaluation and wax check.

To schedule an appointment call us or see the Wellness Department.
Onsite Hearing Care

1-978-852-4764



Activity Highlights for July

Weekly shopping - Stop & Shop and Target Wednesday's at 10am

Mystery rides Thursdays leaving at 1:30pm

Lending Library - Monday's at 10am

CUDDLES with CODY - Tuesdays at 1pm

Social Under the Stars - weather permitting - Wednesday evenings!

Wednesday's Music with Paul & Friends 2pm LR

Thursday Nights - Popcorn & a Movie 6pm LR

Exercise/Morning Stretch daily at 9:15

Monday Matinee - 1:15pm, LR

Saturday Matinee - 1pm, LR

7/7: "Maudie"

7/5: "Devotion"

7/14: "The Intern"

7/12: "De-Lovely"

7/21: "The Man Who Knew Too Much"

7/19: "A Home of Our Own"

7/28: "Not Without My Daughter"

7/26: "Swing Kids"

7/3: Ice Cream Social

7/5: Steve King entertains

7/9: Judy Magidson - The Life & Times of Elvis

7/11: Eddie Dillon performs

7/13: Tom Kennedy performs

7/17: Health Talks with Tasha - Heart Healthy

7/18: Michael Leidig plays piano

7/19: Kathy Earabino performs

7/21: Catholic Mass

7/24: Resident Council

7/25: Christmas in July

7/29: Ice Cream Social

7/30: Out for Lunch Club



HAIRDRESSER THURSDAY & FRIDAY