

Spring Summer Menu-September-2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1. Spaghetti & Meatballs, Italian Bread, Wax Beans SUPPER: Vegetable Chicken Rice Soup, Cranberry Walnut Chicken Salad, Tomato Cous Cous Salad	2. Chicken Tenders w/ Dipping Sauce, French Fries, Cole Slaw SUPPER: White Bean & Escarole Soup, Corned Beef & Swiss on Pumpernickel, Pasta Salad	3. Potato Crusted Cod, Roasted Potato, Baby Carrots SUPPER: Broccoli Cheddar Soup, Seafood Salad Roll, Carrot Raisin Salad	4. Caprese Chicken, Garlic Bread, Broccoli SUPPER: Chicken & Wild Rice Soup, Honey Mesquite Chicken & Cheddar Sandwich, Cucumber Salad	5. Baked Halibut w/ Lemon Butter, Rice, Asparagus SUPPER: Vegetable Chili, Cornbread, Tossed Salad	6. COOKOUT: Hot Dog or Hamburger, Potato Salad, Coleslaw SUPPER: Minestrone Soup, Take-Out Pizza, Side Salad
7. Meatloaf, Mushroom Gravy, Mashed Potatoes, Baby Carrots SUPPER: Onion Soup, Chicken Salad, Beet & Onion Salad	8. Manicotti, French Cut Green Beans, Italian Bread SUPPER: Vegetable Lentil Soup, Roast Beef and Cheddar Sandwich, Greek Feta Pasta Salad	9. Chicken a la King in a Puff Pastry, Zucchini SUPPER: Tomato Soup, Italian Sub, Tomato Cous Cous Salad	10. Balsamic & Fig Glazed Chicken, Buttered Rice, Carrots SUPPER: White Bean & Escarole Soup, Sliced Chicken & Cheese Croissant, Lettuce & Tomato	11. Turkey, Gravy, Stuffing, Mashed Potatoes, Butternut Squash, Cranberry Sauce SUPPER: Minestrone Soup, Egg Salad Sandwich, Sweet Gherkins, Potato Chips	12. Shrimp Scampi over Angel Hair, Peas & Pearl Onions SUPPER: Butternut Squash & Apple Soup, Cobb Salad	13. Grilled Chicken w/ Sun Dried Tomato Pesto, Green Beans, Buttered Rice SUPPER: Garden Vegetable Soup, Hot Dog on a Bun, Baked Beans, Pickle
14. Teriyaki Pork Tenderloin, Sweet Potato Tots, Asian Coleslaw SUPPER: Chicken Vegetable Rice Soup, Cottage Cheese Fruit Plate, Fruit Bread	15. Beef Stroganoff over Egg Noodles, Cauliflower SUPPER: Vegetable Lentil Soup, Crab Cakes, Tartar Sauce, Cole Slaw	16. Baked Haddock, Baked Potato, Asparagus SUPPER: Chicken Noodle Soup, Turkey Club Sub, French Fries, Dill Pickle Spear	17. Tortellini Marinara, Zucchini SUPPER: Tomato Soup, Lobster Salad Roll, Potato Salad	18. COOKOUT: BBQ Chicken, Macaroni Salad, Coleslaw SUPPER: Chicken & Wild Rice Soup, Garden Salad w/ Shrimp Cocktail	19. Baked Stuffed Sole Newburgh, Mashed Potato, Green Beans SUPPER: New England Clam Chowder, Seafood Salad Roll, Pickled Beets	20. Chicken Cacciatore over Pasta, Asparagus SUPPER: Onion Soup, Ham Salad on Rye, Fruit Cup
21. Roast Beef Tenderloin w/ Red Wine Demi Glaze, Baked Potato, Peas & Pearl Onions SUPPER: Minestrone Soup, Hot Dog on a Bun, Baked Beans	22. Teriyaki Salmon, Roasted Potatoes, Sliced Beets SUPPER: White Bean & Escarole Soup, Grilled Chicken over Garden Salad	23. Cranberry Meatballs over Rice, Baby Spinach SUPPER: Tomato Soup, Tuna Salad Pocket, Coleslaw	24. Beef & Vegetable Stew, Biscuit SUPPER: Chicken Noodle Soup, Egg Salad Sandwich, Potato Chips, Pickle Spears	25. Lasagna, Side Salad, Garlic Bread SUPPER: Butternut Squash & Apple Soup, Chicken Salad w/ Grapes, Cucumber Salad	26. Spinach & Artichoke Swordfish, Sliced Beets, Rice Pilaf SUPPER: Tomato Soup, BLT Sub, 3 Bean Salad	27. Chicken Piccata, Baked Potato, Baby Carrots SUPPER: Chicken Vegetable Rice Soup, Hamburger on a Bun, Onion Rings, Lettuce & Tomato
28. Baked Ham w/ Raisin Sauce, Mashed Potatoes, Broccoli SUPPER: Minestrone Soup, Thanksgiving Sub, Pickle	29. American Chop Suey, Wax Beans, Italian Bread SUPPER: Tomato Soup, Quiche, Caprese Salad	30. Creamy Shrimp Fettuccine, Green Beans SUPPER: Broccoli Cheddar Soup, Baked Fish Sandwich w/ Tartar Sauce, Tomato & Lettuce				

*** ALL MEALS SERVED DESSERT OF THE DAY ***