

Spring Summer Menu-July-2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1. Balsamic & Fig Glazed Chicken, Baked Potato, Carrots SUPPER: Tomato Soup, Egg Salad Sandwich, Sweet Gherkins, Potato Chips	2. Turkey, Gravy, Stuffing, Mashed Potatoes, Butternut Squash, Cranberry Sauce SUPPER: White Bean & Escarole Soup, Sliced Chicken & Cheese Croissant, Lettuce & Tomato	3. Shrimp Scampi over Angel Hair, Peas & Pearl Onions SUPPER: Butternut Squash & Apple Soup, Cobb Salad	4. COOKOUT: Hot Dog or Hamburger, Potato Salad, Coleslaw SUPPER: Minestrone Soup, Take-Out Pizza, Side Salad
5. Teriyaki Pork Tenderloin, Sweet Potato Tots, Asian Coleslaw SUPPER: Chicken Rice Soup, Cottage Cheese Fruit Plate, Fruit Bread	6. Beef Stroganoff over Egg Noodles, Cauliflower SUPPER: Vegetable Lentil Soup, Crab Cakes, Tartar Sauce, Cole Slaw	7. Baked Haddock, Baked Potato, Asparagus SUPPER: Chicken Noodle Soup, Turkey Club Sub, French Fries, Dill Pickle Spear	8. Tortellini Marinara, Zucchini SUPPER: Tomato Soup, Lobster Salad Roll, Potato Salad	9. COOKOUT: BBQ Chicken, Macaroni Salad, Coleslaw SUPPER: Chicken & Wild Rice Soup, Garden Salad w/ Shrimp Cocktail	10. Baked Stuffed Sole Newburgh, Mashed Potato, Green Beans SUPPER: New England Clam Chowder, Seafood Salad Roll, Chickpea Salad	11. Chicken Cacciatore over Pasta, Asparagus SUPPER: Onion Soup, Ham Salad on Rye, Fruit Cup
12. Roast Beef Tenderloin w/ Red Wine Demi Glaze, Baked Potato, Peas & Pearl Onions SUPPER: Minestrone Soup, Hot Dog on a Bun, Baked Beans	13. Teriyaki Salmon, Roasted Potato, Diced Beets SUPPER: White Bean & Escarole Soup, Grilled Chicken over Garden Salad	14. Cranberry Meatballs Mashed Potato, Baby Spinach SUPPER: Tomato Soup, Tuna Salad Pocket, Coleslaw	15. Beef & Vegetable Stew, Biscuit SUPPER: Chicken Noodle Soup, Egg Salad on Sourdough, Potato Chips, Sliced Tomato	16. Lasagna, Side Salad, Garlic Bread SUPPER: Butternut Squash & Apple Soup, Chicken Salad w/ Grapes, Cucumber Salad	17. Spinach & Artichoke Swordfish, Diced Beets, Rice Pilaf SUPPER: Tomato Soup, BLT Sub, 3 Bean Salad	18. Chicken Piccata, Baked Potato, Baby Carrots SUPPER: Chicken Vegetable Rice Soup, Hamburger on a Bun, Potato Salad, Lettuce & Tomato
19. Baked Ham w/ Raisin Sauce, Mashed Potatoes, Broccoli SUPPER: Minestrone Soup, Thanksgiving Sub, Pickle	20. American Chop Suey, Wax Beans, Italian Bread SUPPER: Tomato Soup, Quiche, Caprese Salad	21. Creamy Shrimp Fettuccine, Green Beans SUPPER: Broccoli Cheddar Soup, Baked Fish Sandwich w/ Tartar Sauce, Tomato & Lettuce	22. Marinated Chicken Breast, Colcannon Mashed Potatoes, Zucchini SUPPER: Butternut Squash & Apple Soup, Cottage Cheese Fruit Plate, Lemon Bread	23. Swedish Meatballs over Rice, Broccoli SUPPER: Garden Vegetable Soup, Macaroni & Cheese, Stewed Tomatoes	24. Baked Scallops, Baked Potato, Butternut Squash SUPPER: New England Clam Chowder, Shrimp Salad Sandwich, Pickled Beets	25. Ravioli, Asparagus SUPPER: Vegetable Lentil Soup, Sliced Turkey & Cheese on a Croissant, Lettuce & Tomato
26. Parmesan Garlic Baked Chicken, Baked Sweet Potato, Diced Beets SUPPER: Garden Vegetable Soup, Veggie Burger, Potato Salad	27. Fettuccine Bolognese, Italian Bread, Wax Beans SUPPER: Vegetable Chicken Rice Soup, Cranberry Walnut Chicken Salad, Tomato Cous Cous Salad	28. Chicken Tenders w/ Dipping Sauce, French Fries, Cole Slaw SUPPER: White Bean & Escarole Soup, Corned Beef & Swiss on Pumpernickel, Pasta Salad	29. Potato Crusted Cod, Roasted Potato, Baby Carrots SUPPER: Chicken & Wild Rice Soup, Honey Mesquite Chicken & Cheddar Sandwich, Cucumber Salad	30. Caprese Chicken, Garlic Bread, Broccoli SUPPER: Broccoli Cheddar Soup, Seafood Salad Roll, Carrot Raisin Salad	31. Baked Halibut w/ Lemon Dill Butter, Rice, Asparagus SUPPER: Vegetable Chili, Cornbread, Tossed Salad	

*** ALL MEALS SERVED WITH DESSERT OF THE DAY ***