Home Times Monthly

A newsletter for Pond Home residents with all the news that's fit to print

November 2026 volume 167

To My Dear Residents:

I recently found this statement and have been reminding myself of it, daily:

"The amount of beautiful things in your life depends on your ability to notice them."

It is just so true! When you open yourself up to finding beauty in your world and taking note of it, you are giving yourself the gift of gratitude. I know everything isn't perfect, but noticing the things that make you smile helps lighten your load and gives you perspective.

Giving someone a sincere compliment about their actions, behavior, clothing, etc. can help that person notice the beauty in their life too. It makes the compliment giver feel better too!

In this month, where we set aside a day to give thanks, let us practice finding beauty in our lives for the whole month. It might become a daily practice for you, as it has for me. Each time I notice something that makes me happy about my life I smile to myself and give thanks for my ability to notice.

Those of us who notice the beauty around us are happier for it. May you find that happiness in you.



Thanks for reading!

Becky

Becky Annis, Administrator

A Cat's Life...

PATCHES' PURRSPECTIVE

It is the month you people put aside to give thanks for all your bounty. And from my perspective you have plenty to be thankful for around here!

Today I will share what I am thankful for:

- TREATS!!!!!! ~but only the ones that are doctor approved for me.
- Sunshine coming through one of our hundreds of windows.
- The admiration of my fellow house mates.
- When you take the time to talk with me, kindly
- My playful moments when I get the zoomies. Reminds me of my youth!
- Anything new. I am a curious cat!
- The life I lead. Most cats would be envious!

Now your turn, make your own list of what makes you thankful. It will remind you of your personal bounty.

And that is my purrrrspective…..
Your furry friend



COMMENT/GRATITUDE BOARD

Dietary Staff is doing an amazing job through all the CHAOS of construction!!!

Emily C. is always available and helpful.

Josh is great as always

LeeAnne was praised saying that:

- she is always available to talk
- she gets things done
- is effective
- listens to you
- is an overall asset

WORDS OF WISDOM

- "Like leaves in November, sometimes we must let go to reveal our true colors."
- "In the quiet of November, let your heart echo the beauty of gratitude."
- "November whispers the beauty of endings and the promise of new beginnings."
- "In November's chill, find warmth in the memories and hope for what's to come."
- "November is a gentle nudge to pause, breathe, and appreciate the journey so far."
- It's a cold and dark time but also one of cozy evenings, fun holiday days and gratitude.
- "November is a time to reflect on your growth and set intentions for the future."
- "November invites you to slow down and embrace the warmth within."



November Birthday's

Theresa Valiquette 28th

RON'S KITCHEN CORNER

If you will be goijng out for Thanksgiving, please indicated this on sign-up sheet at the front office. Please give an approximate time you wil be out that say so we know what meals will be missed and any medication that needs to be sent. Please sign-up by November 18th.

If you would like to have 1 or 2 guests come here that day, confirmation of our ability to accommedate any guests will be by November 20th. Priority will be given to those residents who cannot leave the building.

Welcome to the Lending Library:

The Lending Library closet is located on the 2nd floor East Wing between E202 and E203. Items in this closet are for resident use and below is a list of items:

~ Grabber x2
~ Door Décor - Welcome Spring
~ Door Décor - Relax Seashell
~ Door Décor - Vine Flower Wreath
~ Blanket x4
~ Lap Blanket x3
~ Shoehorn
~ Big Button Phone
~ Digital Clock x2
~ Sm. Décor - Square glass vase
~ Sm. Décor - planter
~ Sm. Décor - pink bird house
~ Sm. Décor - green bird house
~ Sm. Décor - purple metal tulip
~ Sm. Décor - round vase w/flowers
~ Sm. Décor - metal bucket vase
~ 5x7 Frame x4
~ 8x10 Frame
~ Chair cushion
~ Walker basket
~ gift bags - multi sizes
~ Captel phone
~ Table mirror tray
~ Sm. Mirror
~ Red phone - can receive calls only

Reminder from the Maintenance Department

Just a friendly reminder from Maintenance, if you have a need for work to be performed or notice something that needs to be fixed, please put in a work order. You can do this by speaking to anyone in the front office.

The outside sidewalks have been re-opened for walking. As always, please enjoy and be safe.

MESSAGE FROM NURSING:

Doctors visits for this month are as follows:

- PODIATRIST - 11/6/26
- DENTIST - 11/10/26

Please see Nursing to sign up.



Some Halloween fun here at Pond Home











Activity Highlights for October

~ ***Weekly shopping*** - *Stop & Shop and Target Wednesday's at* ***10am***

~ ***Mystery rides Thursdays leaving at 1:30pm***

~ ***Lending Library*** - *Monday's at* ***10am***

~ ***CUDDLES with CODY - Tuesdays at 1pm***

~ ***Wednesdays Music with Paul & Friends 2pm LR***

~ ***Thursdays 11am LR - Veteran's Knitting Project***

~ ***Thursday Nights - Popcorn & a Movie 6pm LR***

~ ***Exercise/Morning Stretch daily at 9:15***

Monday Matinee - **1:15pm, LR**

11/9: "For the Boys"
11/16: "Amazing Grace"
11/30: "TBD"

Saturday Matinee **- 1pm, LR**

1/7: "Spare Parts"
11/14: "Hanging Up"
11/21: Driving Miss Daisy"
11/28: "Home for the Holidays"

11/2: Memorial Service
11/5: G.O.F.I. Dog Visits
11/6: Eddie Dillon performs
11/7: Steven King entertains
11/12: Resident Council
11/13: John Poirier performs
11/14: Cooking Club
11/15: Kathy Earabino entertains
11/16: Catholic Mass
11/20: Doug Robinson performs
11/23: Sing a-long with Roberta
11/25: G.O.F.I. Dog Visits
11/26: Macy's Thanksgiving Parade
11/27: Tom Kennedy entertains

HAIRDRESSER THURSDAY & FRIDAY